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DISCLAIMER

The information in this user manual is subject to change without prior notice.

Sports Art Industrial Co., Ltd. makes no representation or warranty of any kind, express or implied, regarding the marketability of this manual, the suitability for a special purpose, or any other matters.

SportsArt Industrial Co., Ltd. accepts no responsibility for any errors in this manual, or any damages incurred directly, indirectly, accidentally, or continually from the modification, display, or other use of this manual.

SAFETY PRECAUTIONS

IMPORTANT PRECAUTIONS

This product was designed and built for optimum safety. However certain precautions apply during the use of this product. Please note the following safety precautions.

Precautions on the manual:

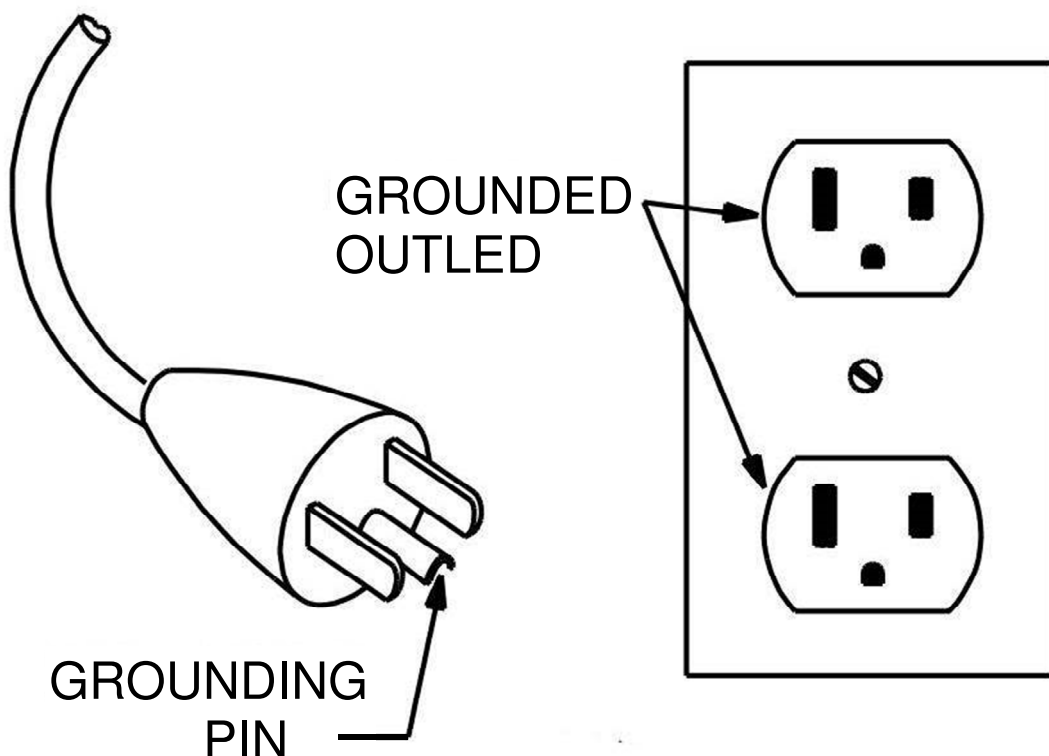
- To reduce the risk of personal injury, read and understand all the instructions before using this product.
- Make sure the product is installed and operated as instructed in this manual.
- Use this product only for the intended use described in this manual.

Precautions on the machine:

- Check the product before every use. Make sure all parts are assembled, and all fasteners are tightened. Do not use the product if it is disassembled in any way.
- Never operate this product if it has been damaged in any way.
- If it is not working properly, if it has been dropped or damaged, or dropped into water, contact a service technician for repairs.
- Never drop or insert into any opening.
- Never place liquids of any type directly on the unit, except in a bottle holder or accessory tray. Lidded containers are recommended.
- Do not use accessories or parts that are not specifically recommended by the manufacturer (SportsArt). Such parts might cause injuries or cause the unit to fail and void the warranty. We will not be responsible for any safety issue that arises due to the misuse of accessories or parts. At the same time, we will terminate the warranty terms of this equipment.
- Unpack and verify contents of boxes according to the list of parts to check if any parts are missing. If the product is damaged or missing, contact your SportsArt representative to find out all the materials that were damaged during shipping. (Note: Transport damage is the responsibility of the carrier.)
- Noise emission under load is higher than without load.
- **WARNING!** Only qualified technicians should be allowed to contact electrical components such as circuit boards.

SAFETY PRECAUTIONS (CONT.)

- Some components carry an electrical charge even after use has been discontinued or the product has been unplugged. For products with power cords, turn off unit power, wait 10 minutes, then disconnect the power cord from the power socket. For products without power cords, let the unit sit without use for 10 minutes. Only after taking such precautions should covers be removed and electrical components be accessed.
- The product shall be disconnected from its power source during service and installed and when replacing parts.
- Always unplug this appliance from the electrical outlet immediately after using and before cleaning.
- Do not attempt to drag or carry this unit by the power cord, and keep the power cord away from heat surfaces.
- Do not attempt to modify the plug provided with this product.
- Proper power supply must be provided. If the plug does not fit an outlet, contact a qualified electrician to inspect or modify power in the facility.
- This product must be grounded. If it should malfunction or breakdown, Improper grounding can increase the risk of electric shock. The product is equipped with a power cord having an equipment-grounding conductor and a grounding plug. The plug must be inserted into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. Check with a qualified electrician if you are in doubt as to whether the power outlet is properly grounded.
- For countries that do not use 120V as the standard for wall outlets, please comply with certain state and local regulations. Note that only qualified technicians should be allowed to do the wiring.
- If the product is used in a nominal 120V circuit and the rated current is less than 15A with a grounding plug, use a plug like the one shown below:



SAFETY PRECAUTIONS (CONT.)

Precautions on the environment:

- Do not use outdoors or near water (including swimming pools and saunas).
- Do not be used where aerosol (spray) products or oxygen are used.
- Do not operate on a blanket or near flammable materials.
- Assemble and operate the product on a solid, level surface.
- This equipment should be positioned away from walls to avoid injury due to falls.
- Be sure that the back of the equipment has at least six to seven feet of clearance from a ledge, wall or window.
- Keep all air ventilation areas free of blockage.
- The recommended minimum operating temperature is 15 degree Celsius.
- This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If the user desires to correct the interference, it is at the user's own expense.
- The power supply and wiring should be located away from walking paths or taped to avoid tripping when getting on and off the machine.

Precautions for users:

- Consult your physician before starting a workout or training program. It is recommended that you undergo a complete physical examination. Have your doctor review your training and diet programs to advise you of a workout routine you should adopt.
- Before using this equipment to exercise, always do stretching exercises to properly warm up.
- Work within your recommended exercise level. Do not work to exhaustion.
- Do not leave your device unattended while in use.
- CAUTION : The heart rate system is for reference only, if you feel any pain or any abnormal feeling, please stop Exercise and consult your doctor immediately.
- Wear appropriate workout clothes, don't wear loose clothing, wear shoes with rubber or high traction soles, don't wear shoes with leather soles/high heels or barefoot use this product.
- Tie all long hair back.
- Be careful when mounting and dismounting the unit.
- Keep away from moving parts. Moving parts may or may not stop immediately if an object becomes caught or impedes normal motion.
- This product is not intended for use by persons (including children 14 or younger) with reduced physical, sensory, or mental capabilities, or by people who are otherwise deficient in product knowledge or experience. If such people use this product, they should be given training and be supervised at all times by someone responsible for their safety.
- The maximum user weight should not exceed 227Kg / 500 Lb.

SAFETY PRECAUTIONS (CONT.)

WARNING LABELS

CAUTION: Read instruction manual before using. Do not let children on or near the product. **WARNING!** Heart rate monitoring systems may be inaccurate. Over exercise may result in serious injury or death. If you feel faint, stop exercising immediately. This stationary training equipment is not suitable for high accuracy purposes.

CAUTION:

- Read instruction manual before using.
- Do not let children on or near the product.

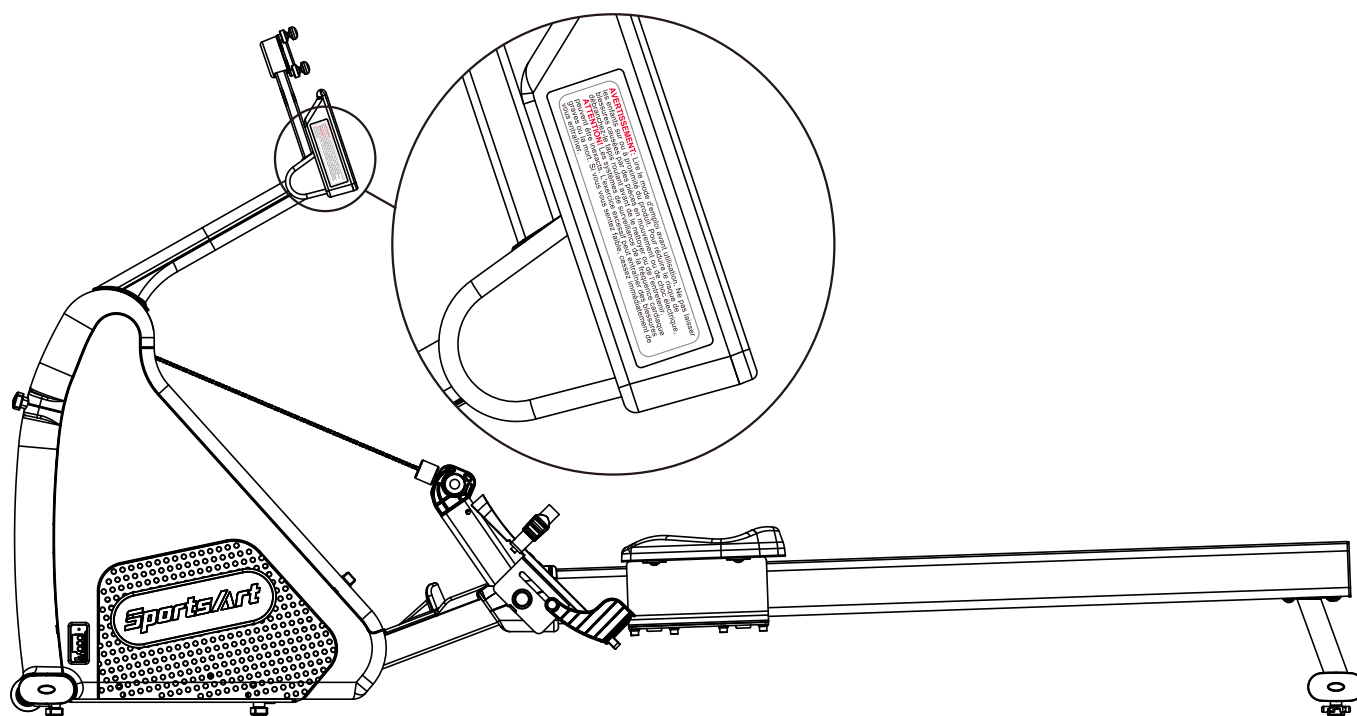
WARNING:

- Heart rate monitoring system may be inaccurate.
- Over exercise may result in serious injury or death.
- If you feel faint, stop exercising immediately.
- This stationary training equipment is not suitable for high accuracy purposes.

WARNING LABEL POSITION

If you are in French-speaking areas in North America, display the warning label on console panel as shown below, or in an obvious location that is visible to the user.

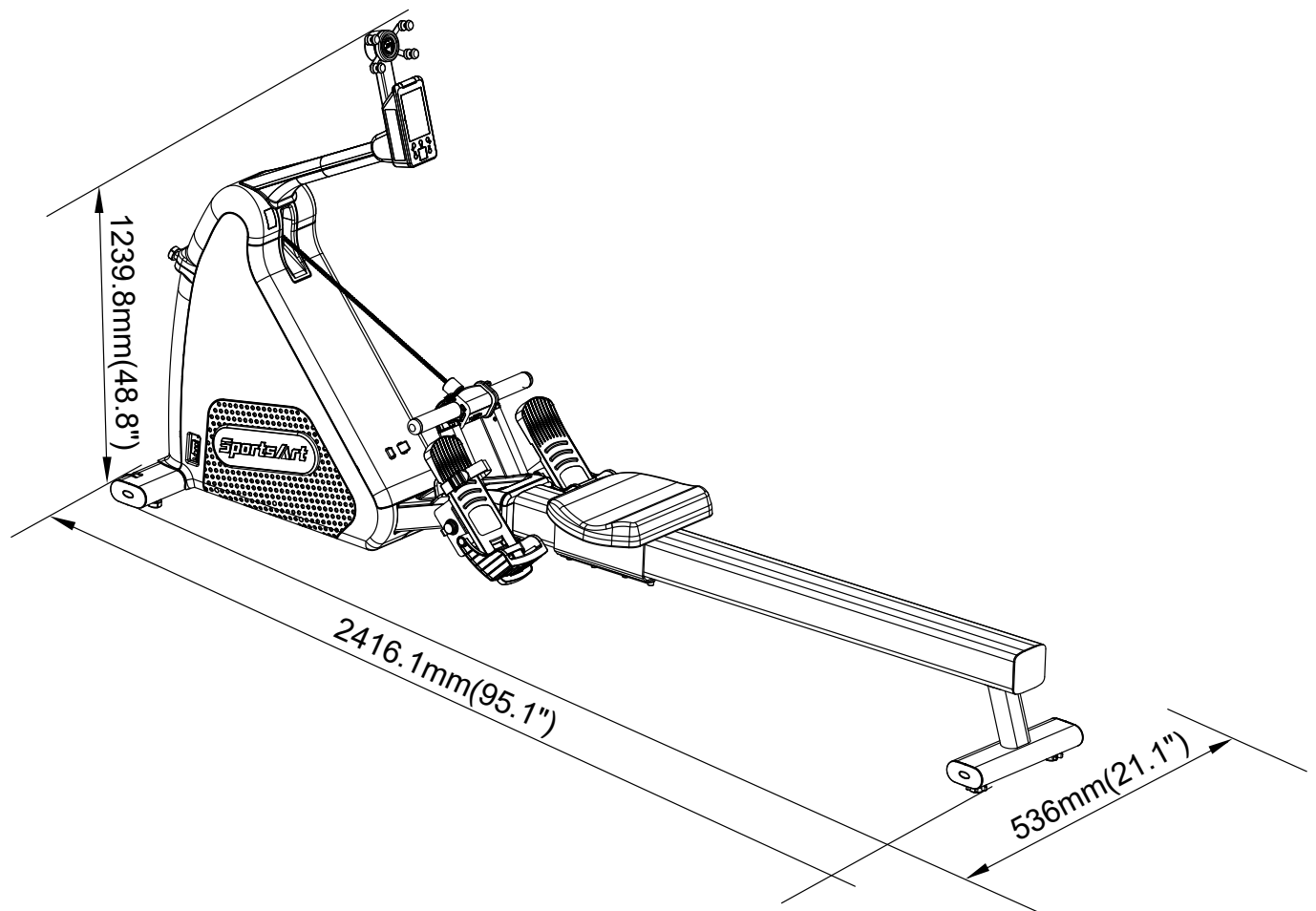
NOTE: The label is available exclusively in French-speaking areas in North America.



1. INTRODUCTION

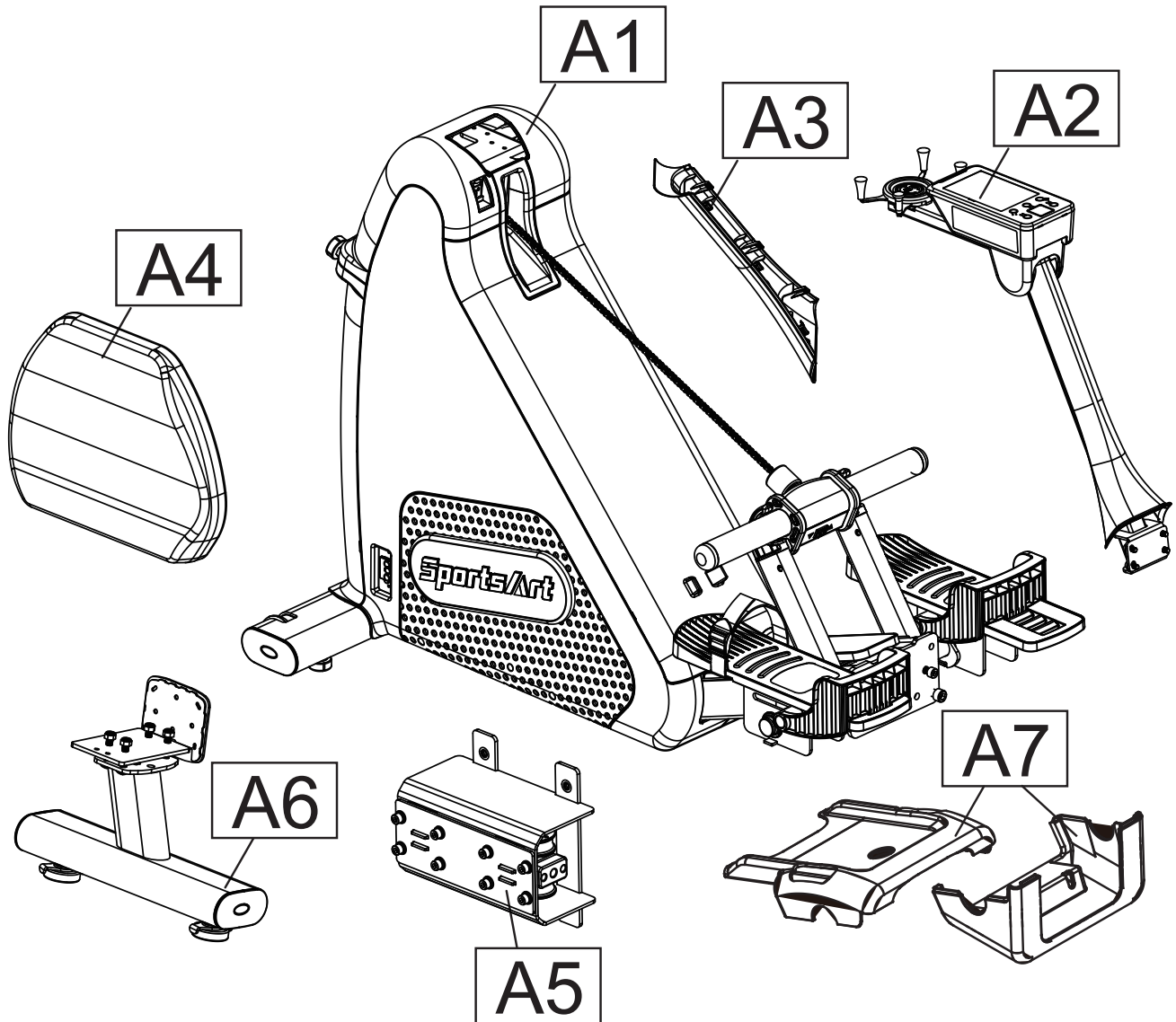
Congratulations on the purchase of a high quality SportsArt product, the G260 Rower machine. Constructed of high quality materials and designed for years of reliable performance, this product was made for full commercial use.

Before this product is assembled or operated, we recommend that you familiarize yourself with this manual. Understanding the correct assembly and operation of this product will help ensure that exercisers obtain their fitness goals safely and successfully.

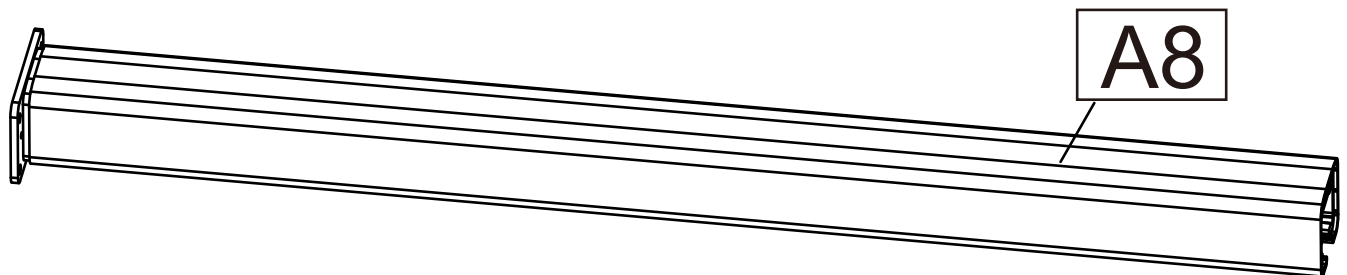


2. LIST OF PARTS

Box A



Box B



LIST

Assembly Parts					
No.	Name	Qty.	No.	Name	Qty.
A1	Main frame	1	A5	Saddle mast set	1
A2	Console mast	1	A6	Rear stand	1
A3	Mast top cap	1	A7	Machine cap	1
A4	Saddle	1	A8	Saddle machine tube	1

Components in the Hardware Kit				
No.	Name	Qty.	Specification	Notes
	Double open-end wrench	1	13mm*17mm	
	L-shaped Allen wrench	1	M8*L105mm*W40	
	L-shaped Allen wrench	1	M6*L120mm*W28	
	T-shaped Allen wrench	1	M5	
	Two Way Screwdriver + black shank	1	Screw set flathead & Phillips	
	Screw socket	6	SGN-07	
20	Truss head Phillips tapping screw	3	M4*L12	

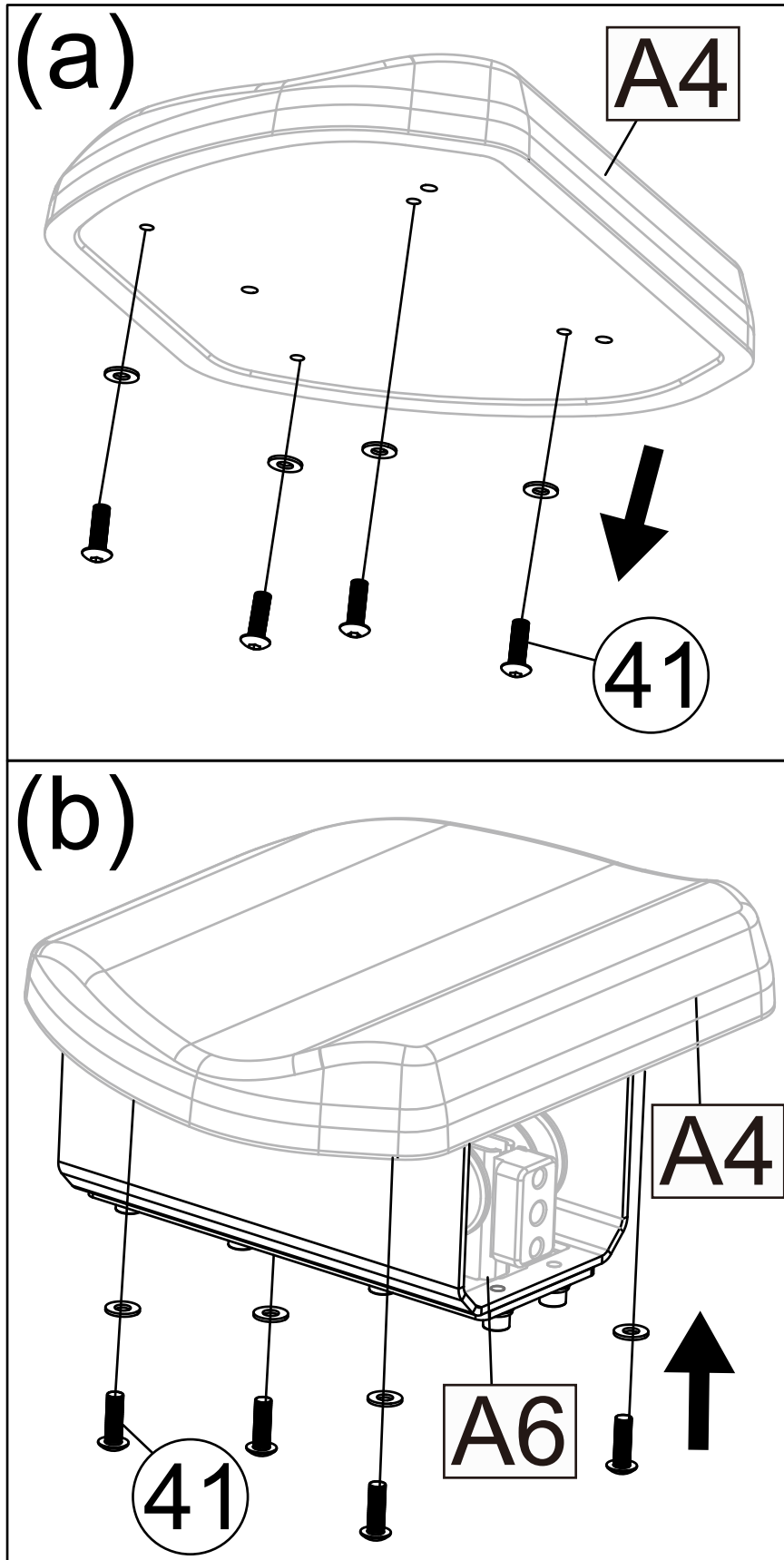
Components on the Product			
No.	Name	Specification	Notes
41	Flat washer	D17*d8*t1.5	
	Truss head inner hex screw(M5)	M8*P1.25*L25	
42	Truss head inner hex screw	M8*P1.25*L45	
	Flat washer	D17*d8*t1.5	
	Hex nylon nut	M8*P1.25	
43	Inner hex screw	M10*P1.5*L25	
	Spring washer	M10	
	Flat washer	D21*d10.5*t1.5	
44	Inner hex screw	M6*P1.0*L15	

3. ASSEMBLE THE PRODUCT

STEP 1 Saddle Assembly

(a) Remove the screws from the saddle (A4).

(b) Tighten the saddle (A4) and rear stand (A6) with screws (41).

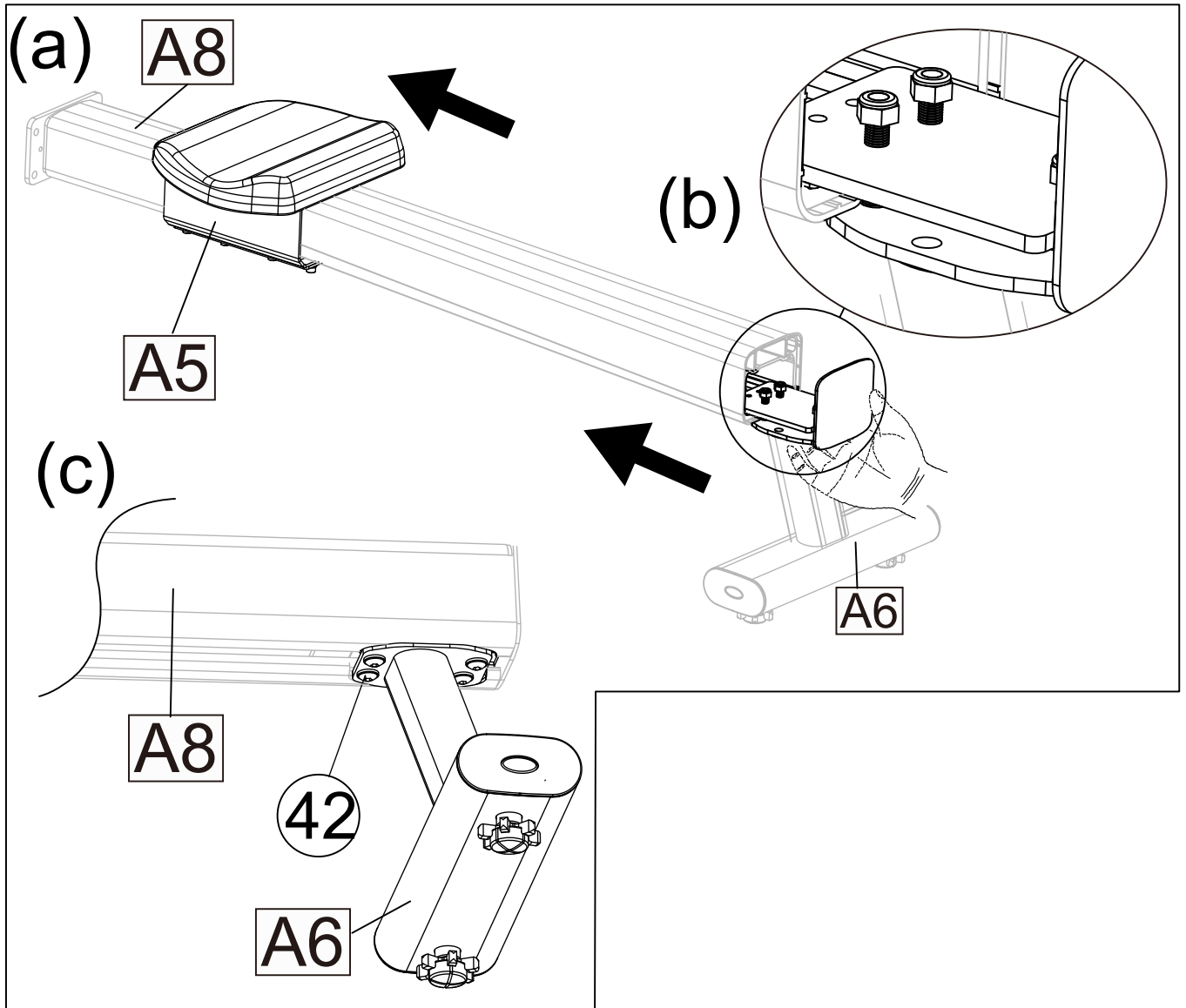


STEP 2 Rear Stand Assembly

Put the saddle mast set (A5) onto the saddle machine tube (A8), then press the rear stand (A6) into the saddle machine tube (A8), and last, fix them with screws (42).

* Please check the direction of the saddle during installation.

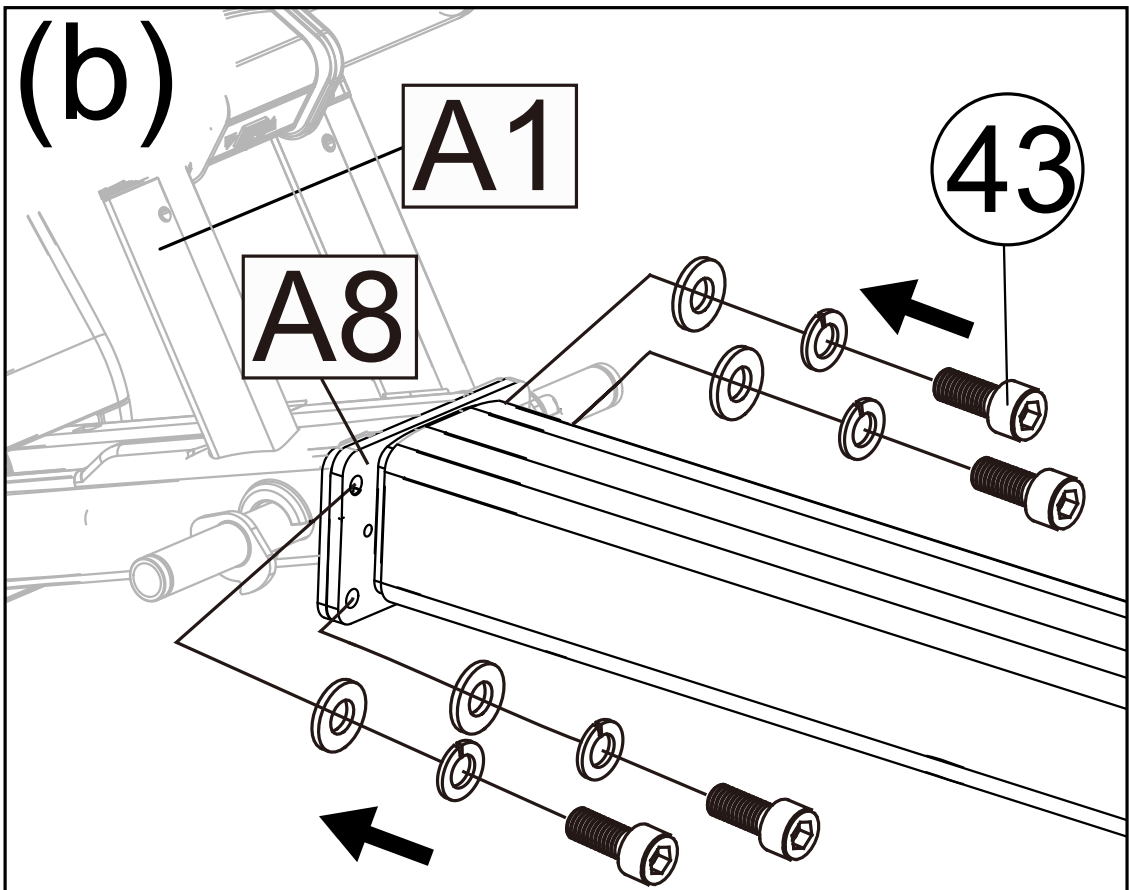
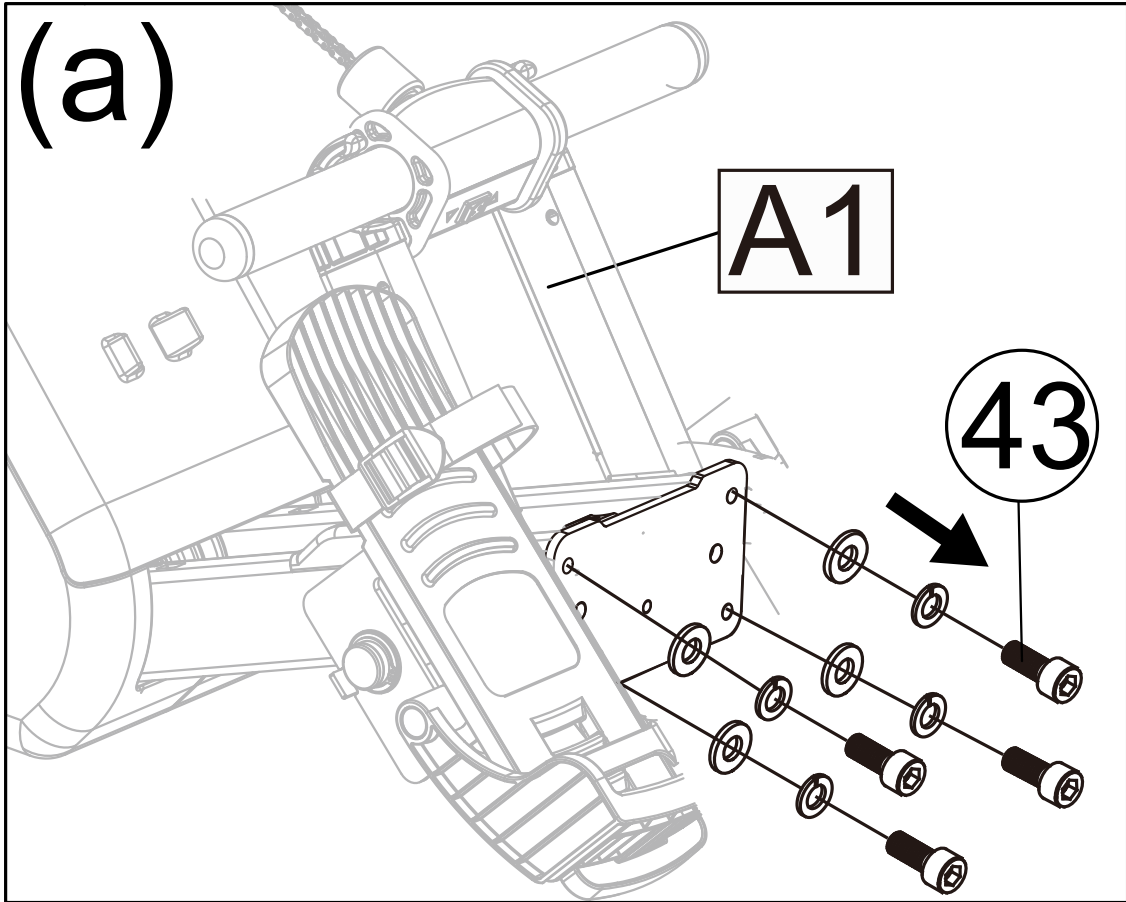
* During installation, the user must pull apart the panel before fixing it in the tube.



STEP 3 Saddle Machine Tube Assembly

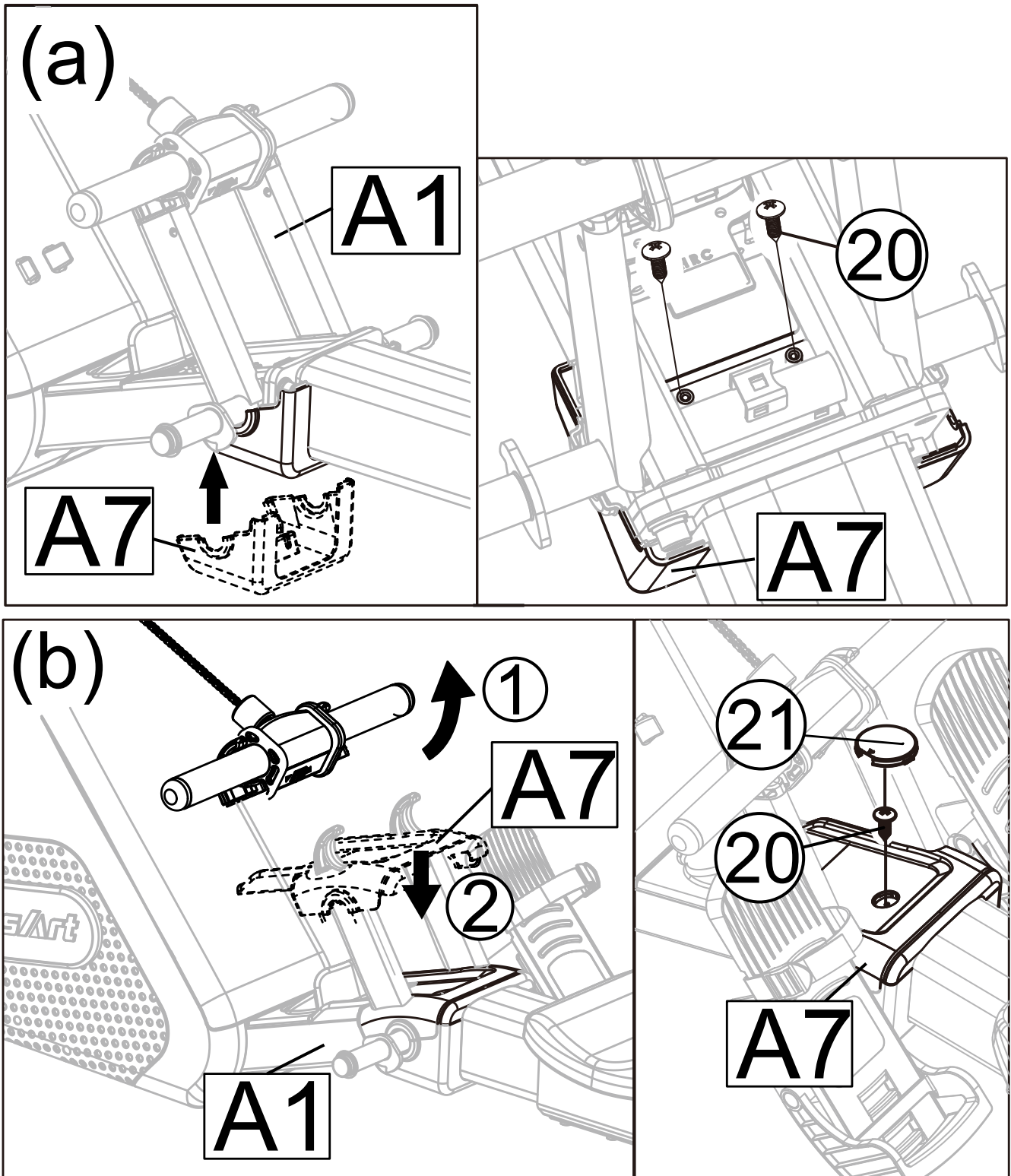
(a) Remove the screws from the main frame (A1).

(b) Fix the main frame (A1) and the saddle machine tube (A8) with screws (43).



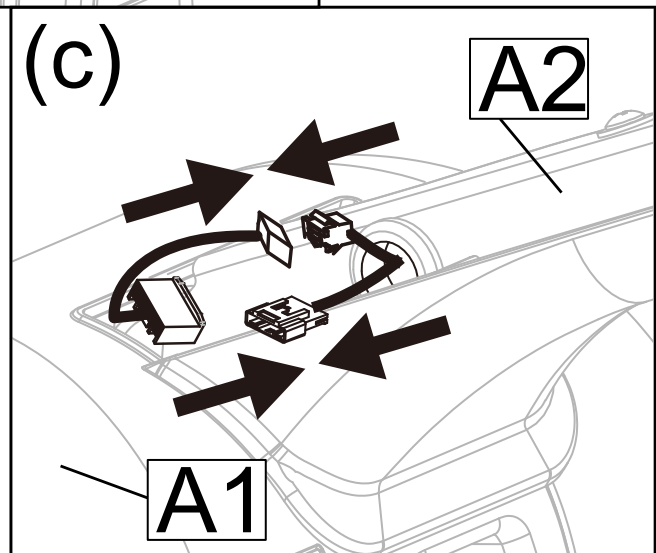
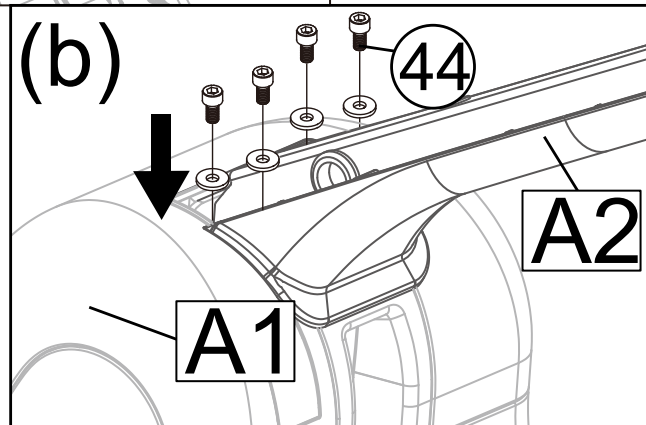
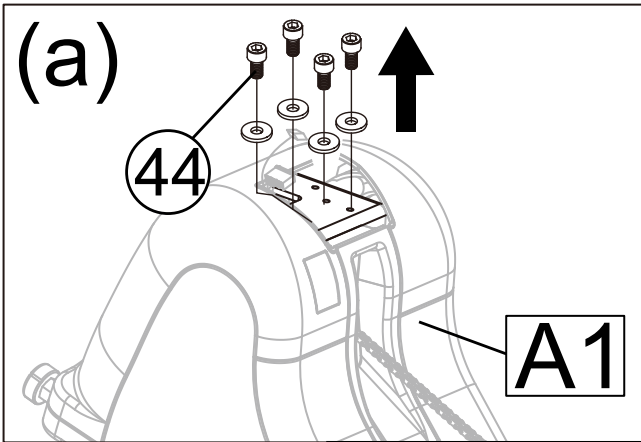
STEP 4 Machine Cap Assembly

- (a) Tighten the bottom machine cap (A7) to the main frame (A1) with screws (20).
- (b) Please remove the handle chain first, then put the top machine cap on and fix it with screws (20). Cover the screws with round screw cap (21) and reinstall the handle chain.



STEP 5 Console Mast Assembly

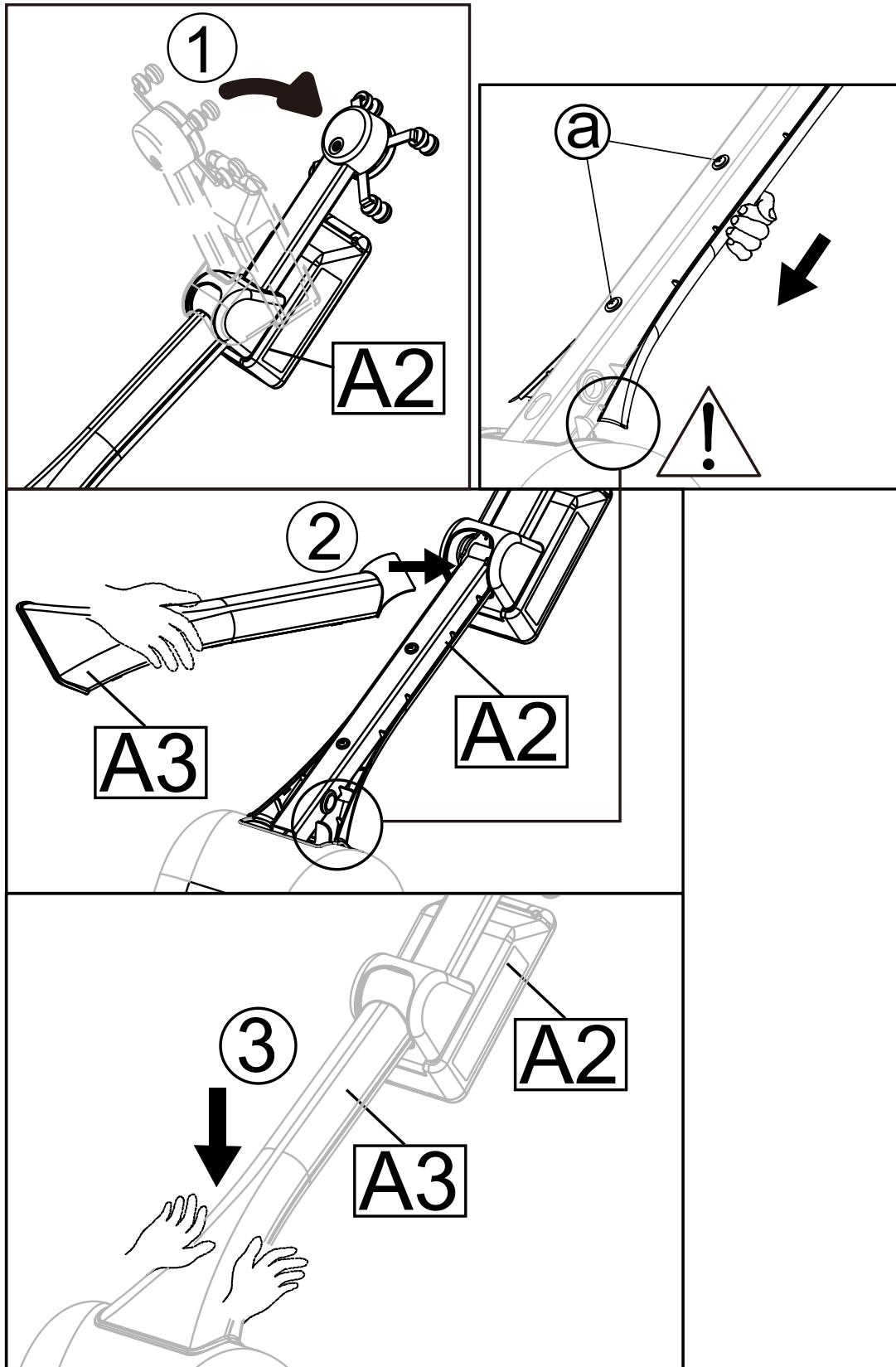
- (a) Please remove the screws (44) from the main frame (A1) first.
- (b) Tighten and fix the console mast (A2) onto the machine (A1) with screws (44).
- (c) Connect the cables of (A2) and (A1).



STEP 6 Mast Top Cap Assembly

Adjust the console (A2) as the picture shows and then put the mast top cap (A3) onto the console mast (A2). Press them tightly to afix.

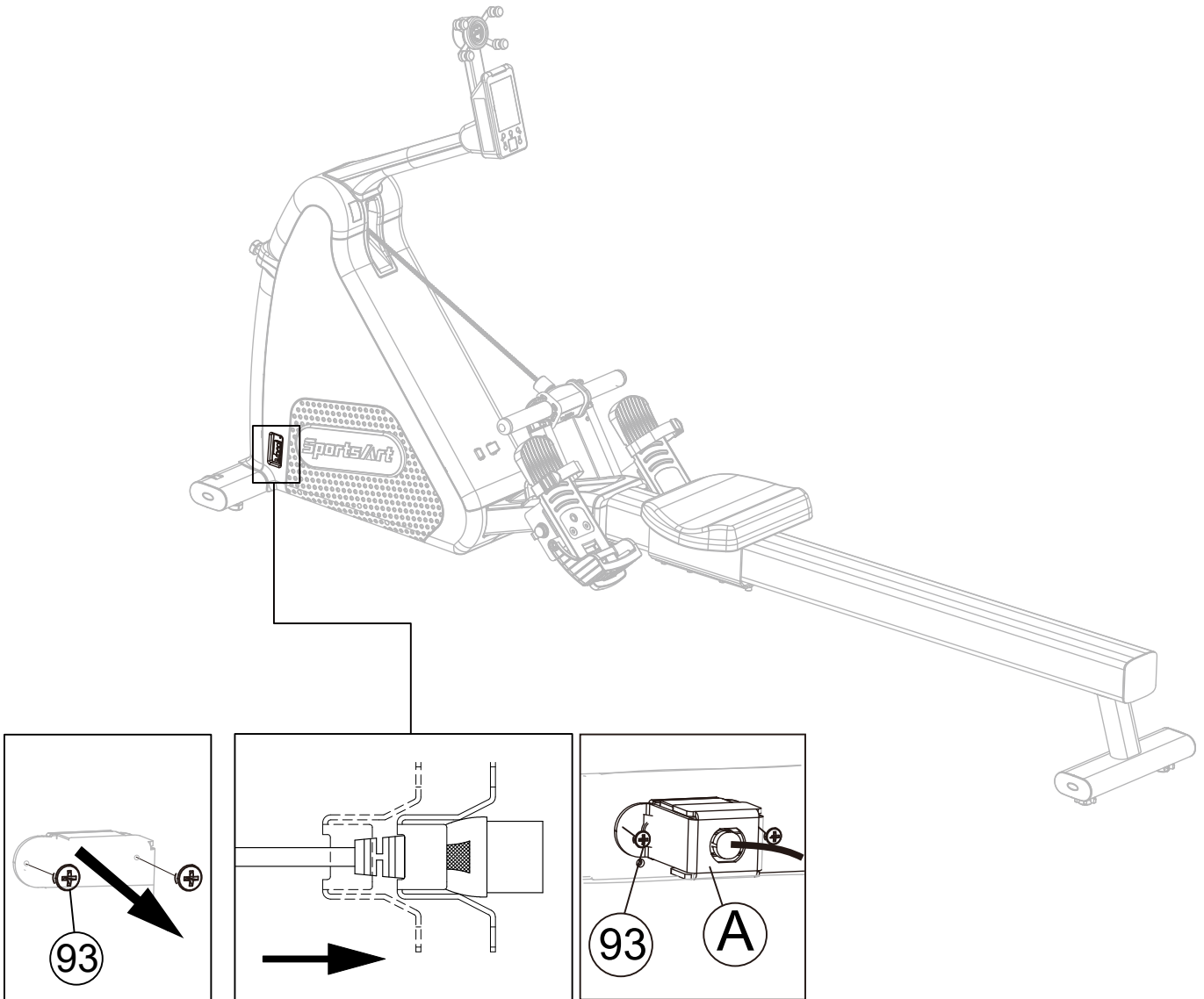
- * Be careful not to press the cable when installing the mast top cap (A3).
- * Before installing the mast top cap (A3), if the gap between the mast lower cap and the machine is too large, loosen screws (a), push the mast lower cap down to eliminate the gap, and then tighten the screws to start installing the mast top cap (A3).



STEP 7 Install the Power Cord

- (1) Remove the screw (93) from the base of the bike.
- (2) Insert the power cord plug into the connector on the product.
- (3) Plug the power cord (A) into the outlet and secure the power cord plug into place with the removed screw (93).

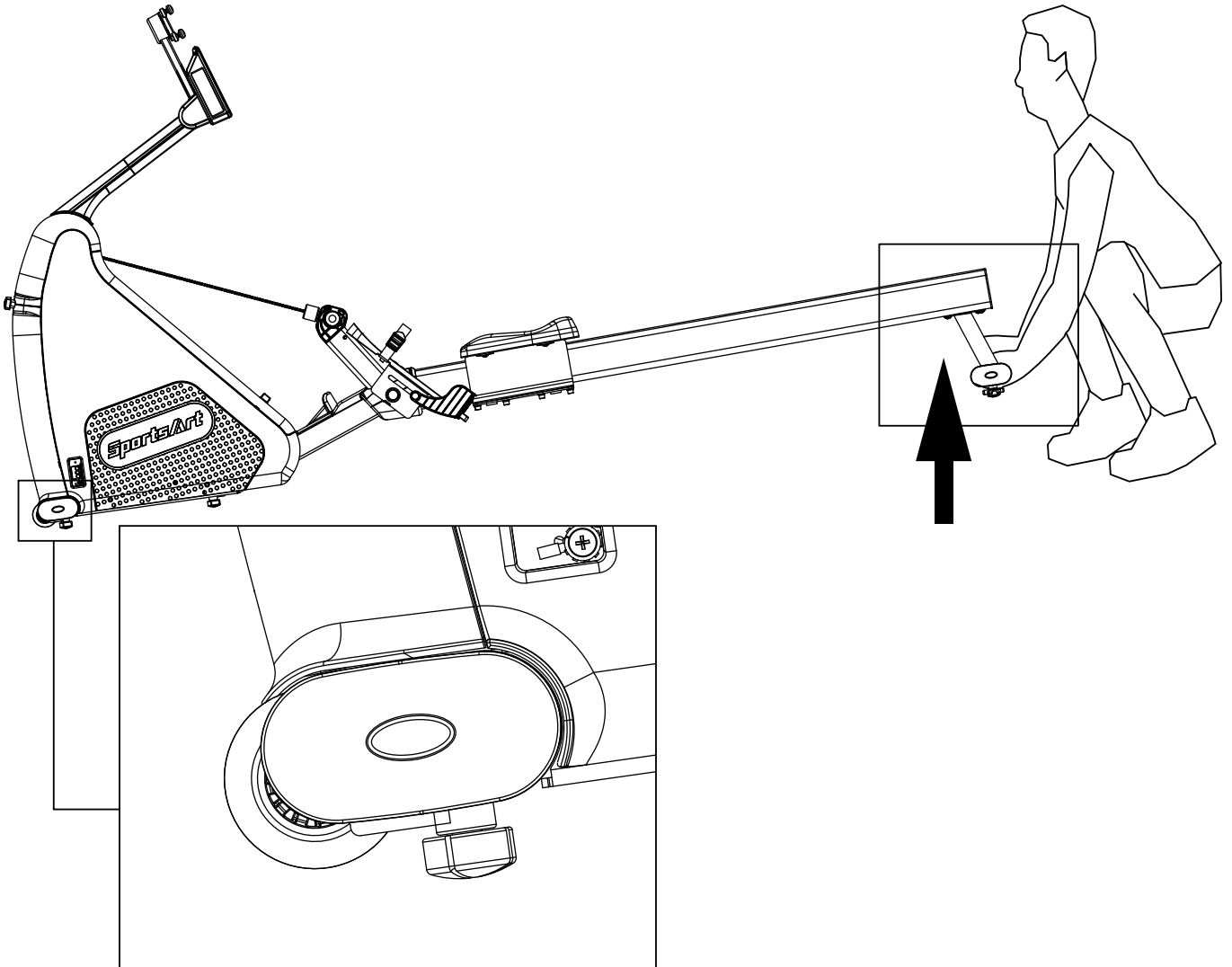
Note: the figure below is for reference purposes only.



4. BASIC USAGE OF PRODUCTS

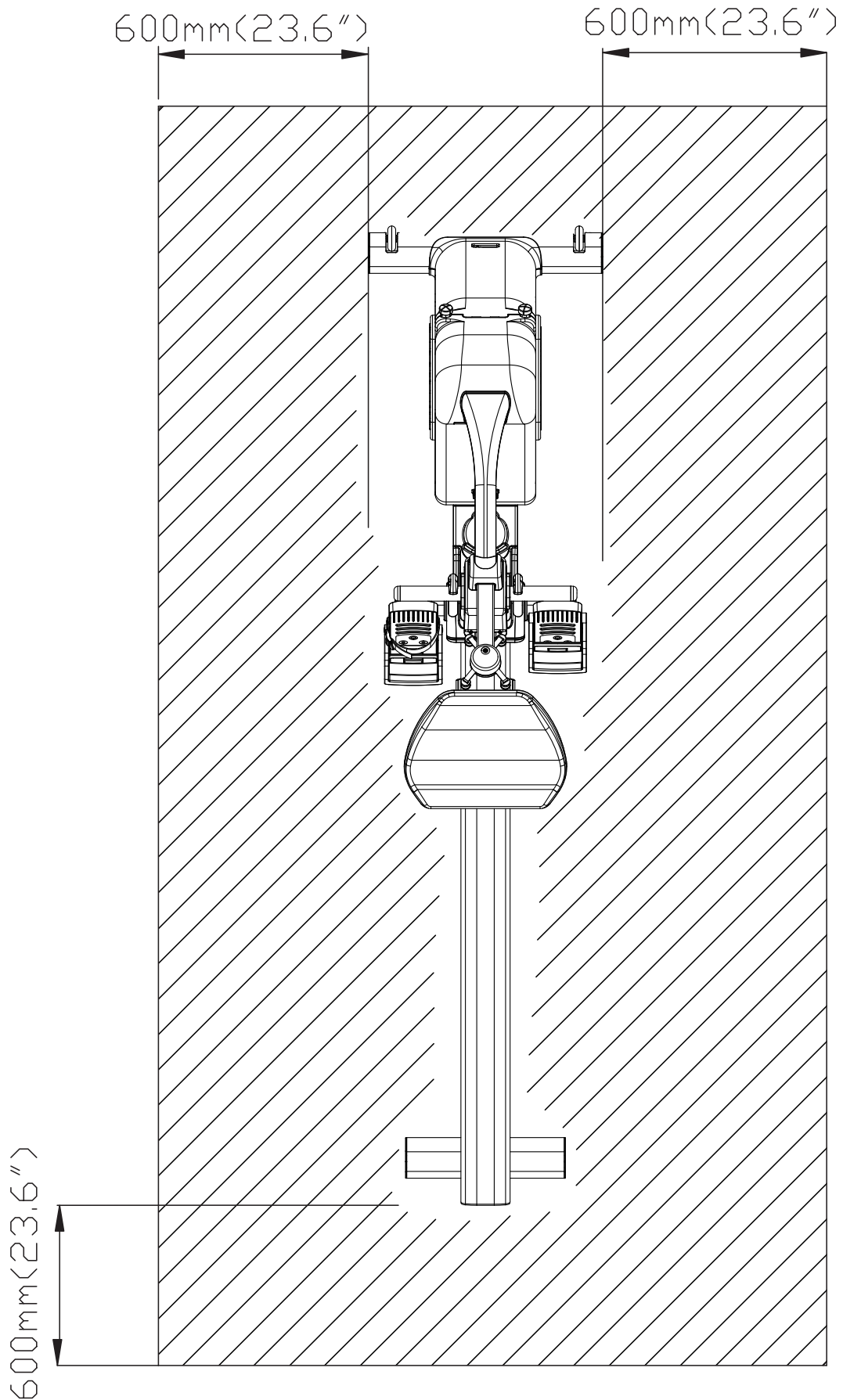
STEP 1 Instruction of Moving the Machine

Hold the rear stand with hands to move the machine.



STEP 2 Safe Operating Area

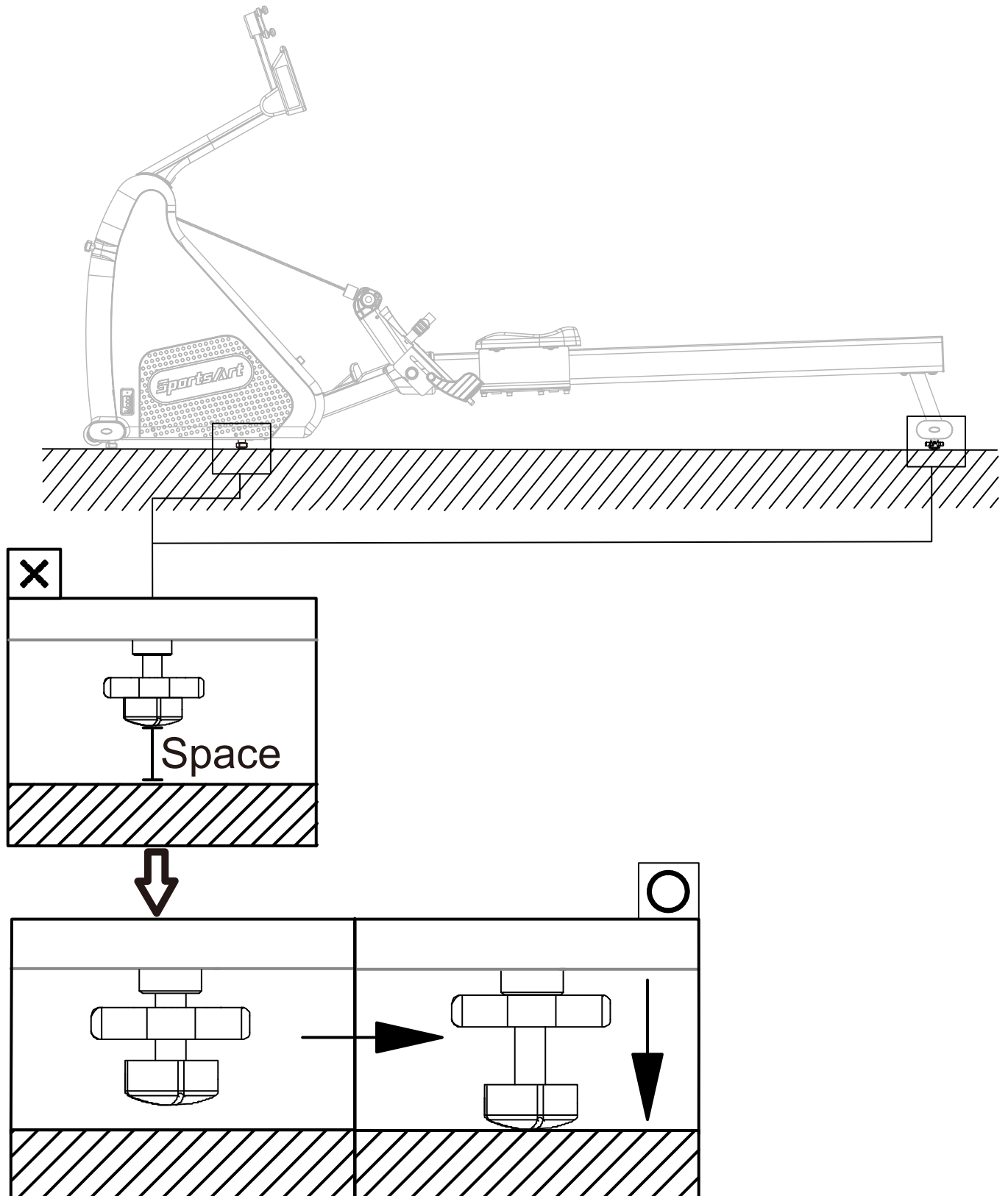
- (a) Safety clearance required as shown below. Do not allow people to be near this area when operating.
- (b) Noise emission under load is higher than without load.



STEP 3 Level the Machine

Please apply force to the end of the machine to check if the leveling knob is stable on the ground. If not, adjust the levelers as follows:

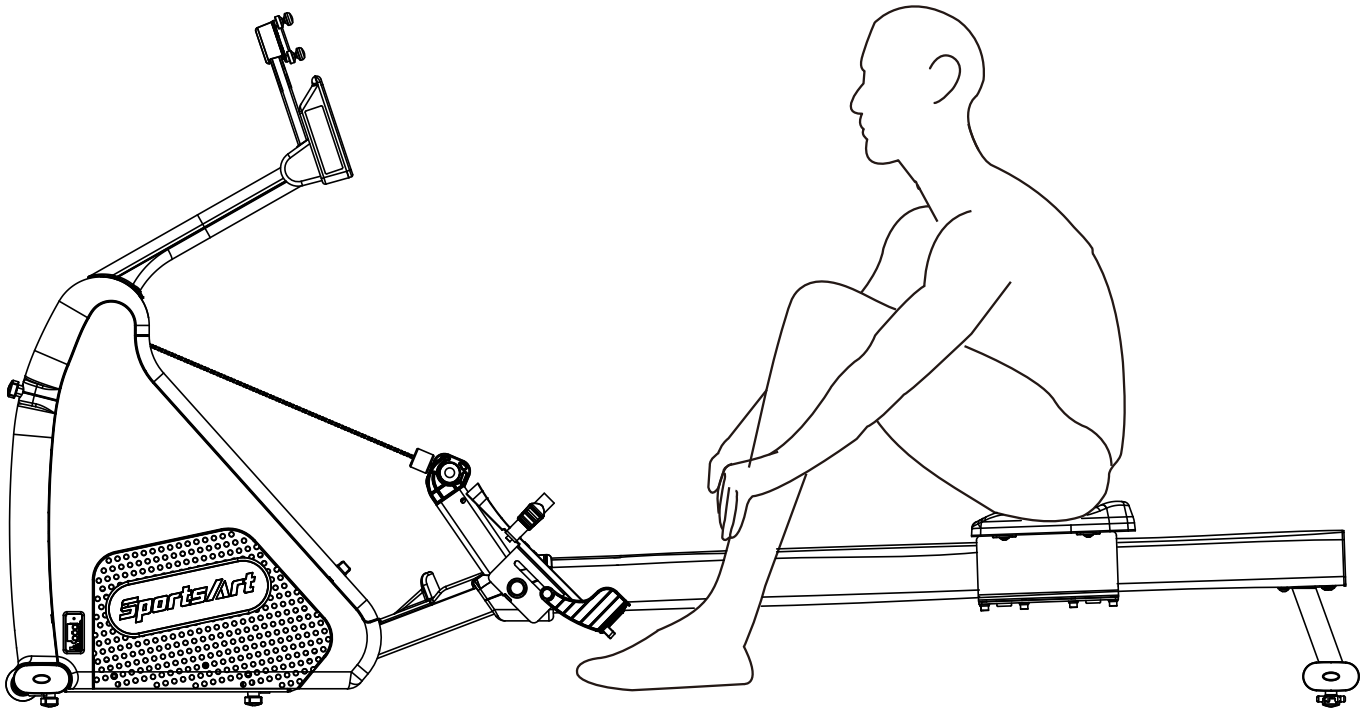
- (a) Loosen the leveling knob.
- (b) Rotate the leveling knob downward to the ground to make it steady.
- (c) Tighten the leveling knob.
- (d) After the machine is installed and positioned, perform the test again. If necessary, make adjustment to be sure the equipment works properly.



STEP 4 Sit on the Machine

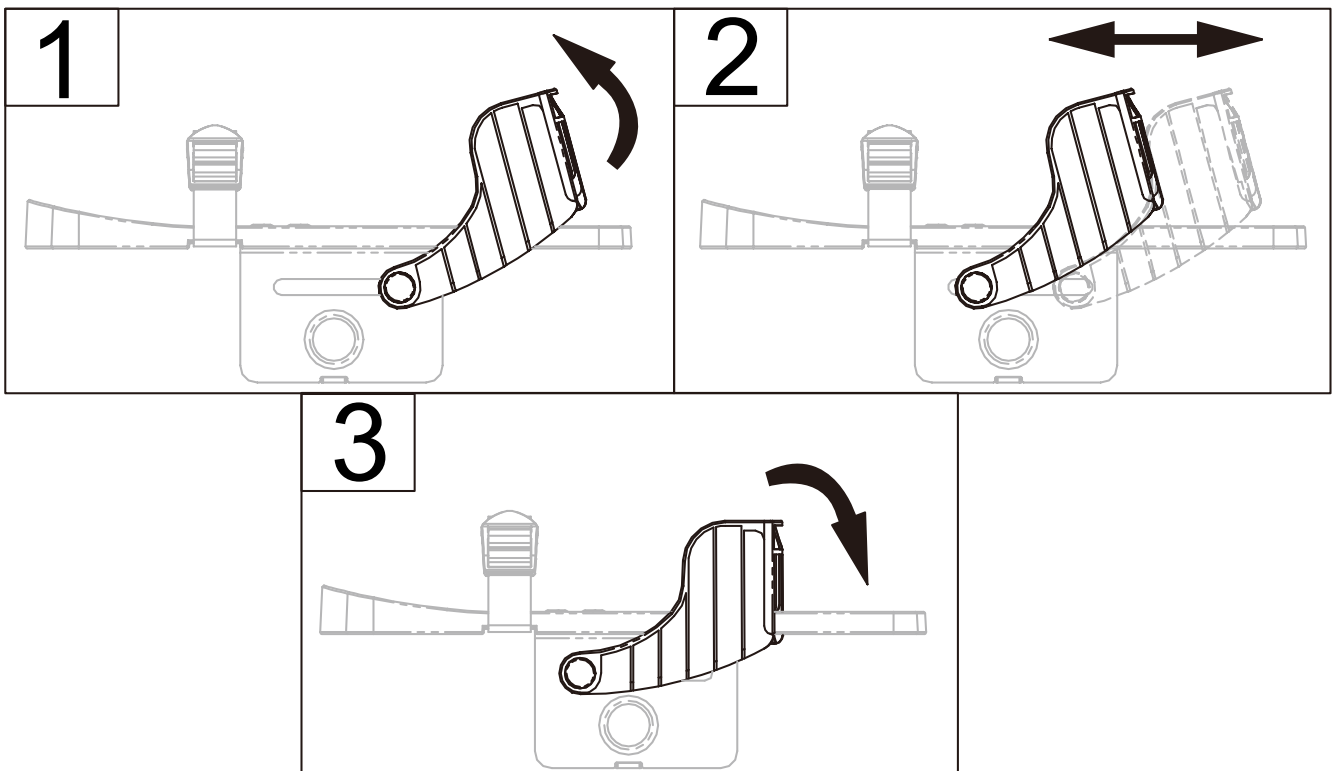
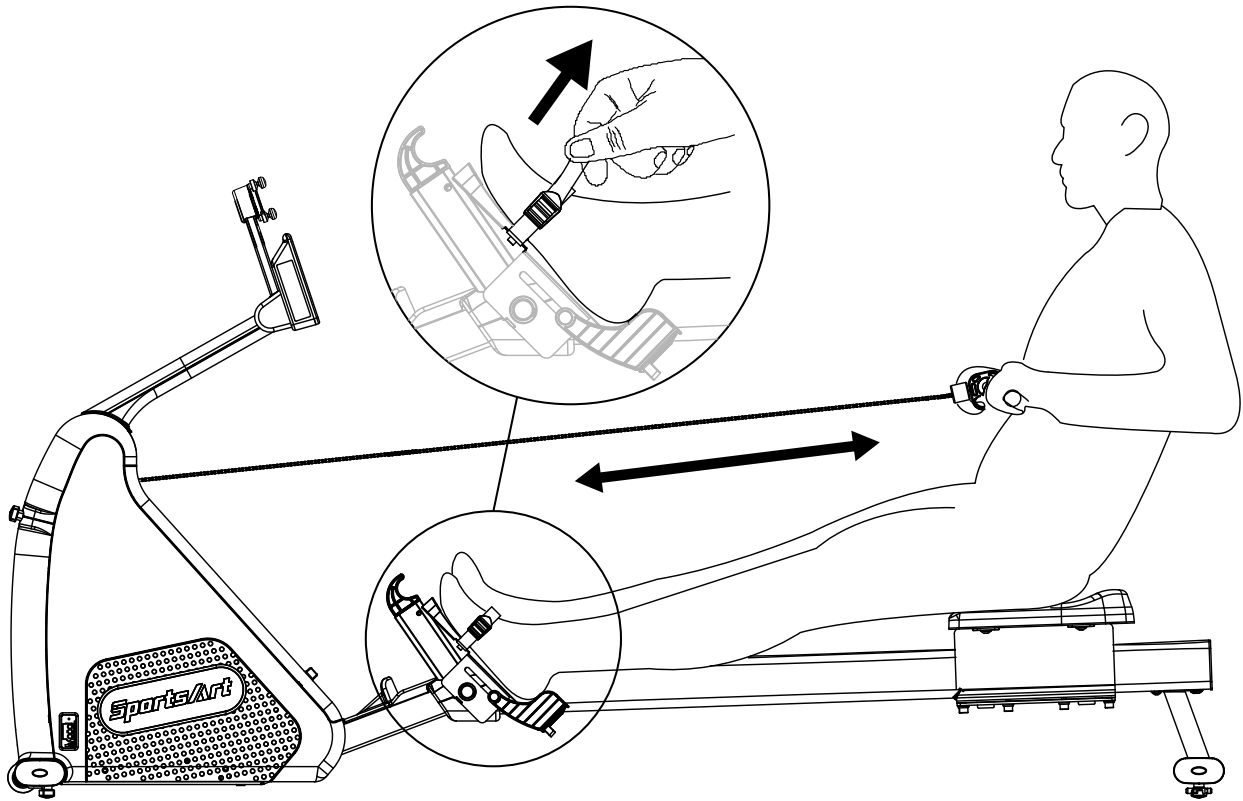
Sitting on the machine: sit on the saddle and check if the distance has been adjusted to the appropriate range.

Leaving the machine: slow down the movement and move the feet away from the pedal.



STEP 5 The workout posture is as follows

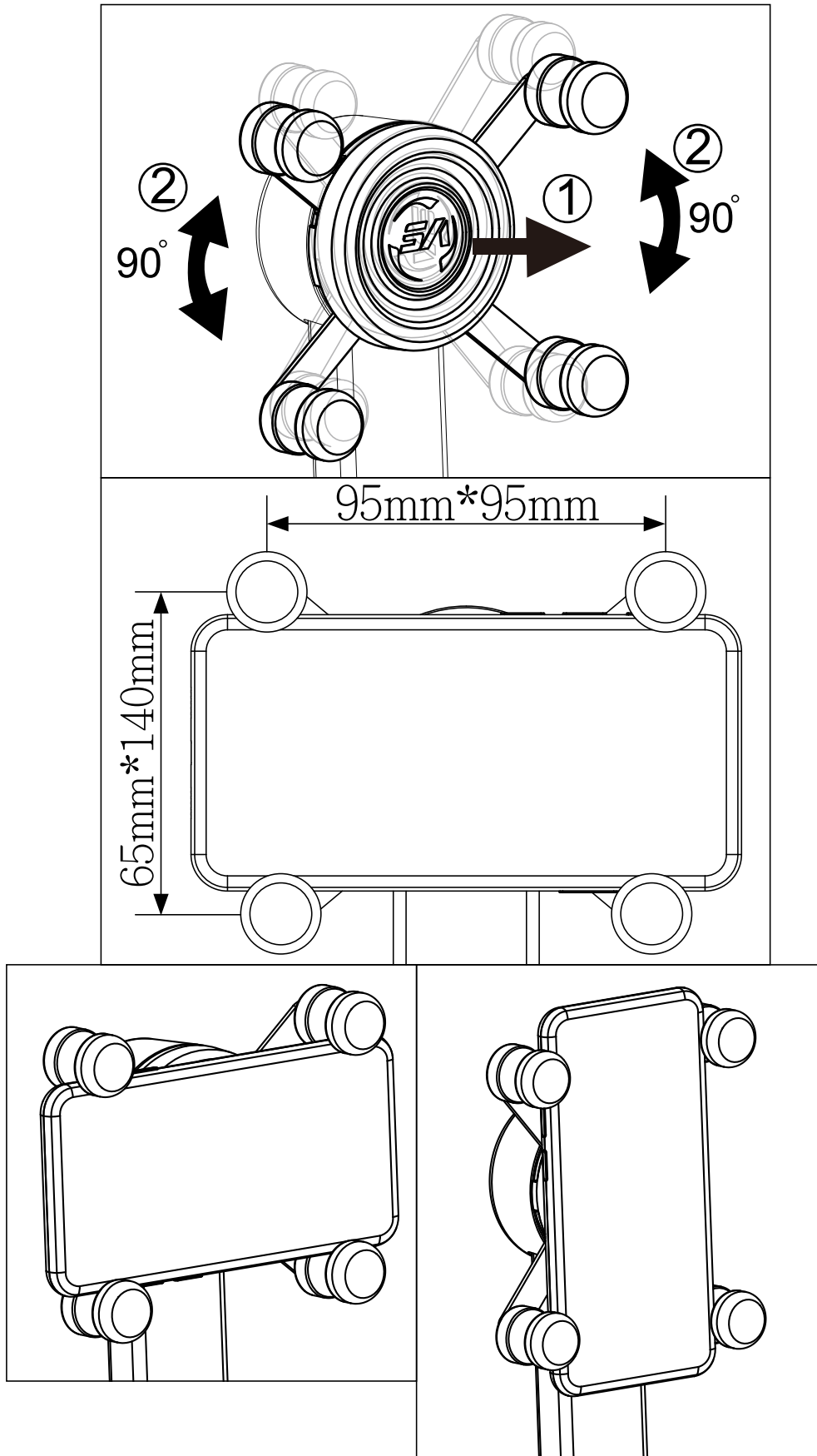
- (a) Please operate with correct workout posture. Over exercise or improper workout position may result in serious injury
 - (b) This machine is designed to train the users cardiovascular system along with leg, back, and bicep musculature.
- * Before operating the machine, the user must move the pedal to a range suitable for their feet and then tighten the strap.



STEP 6 Instruction of the Smartphone Holder

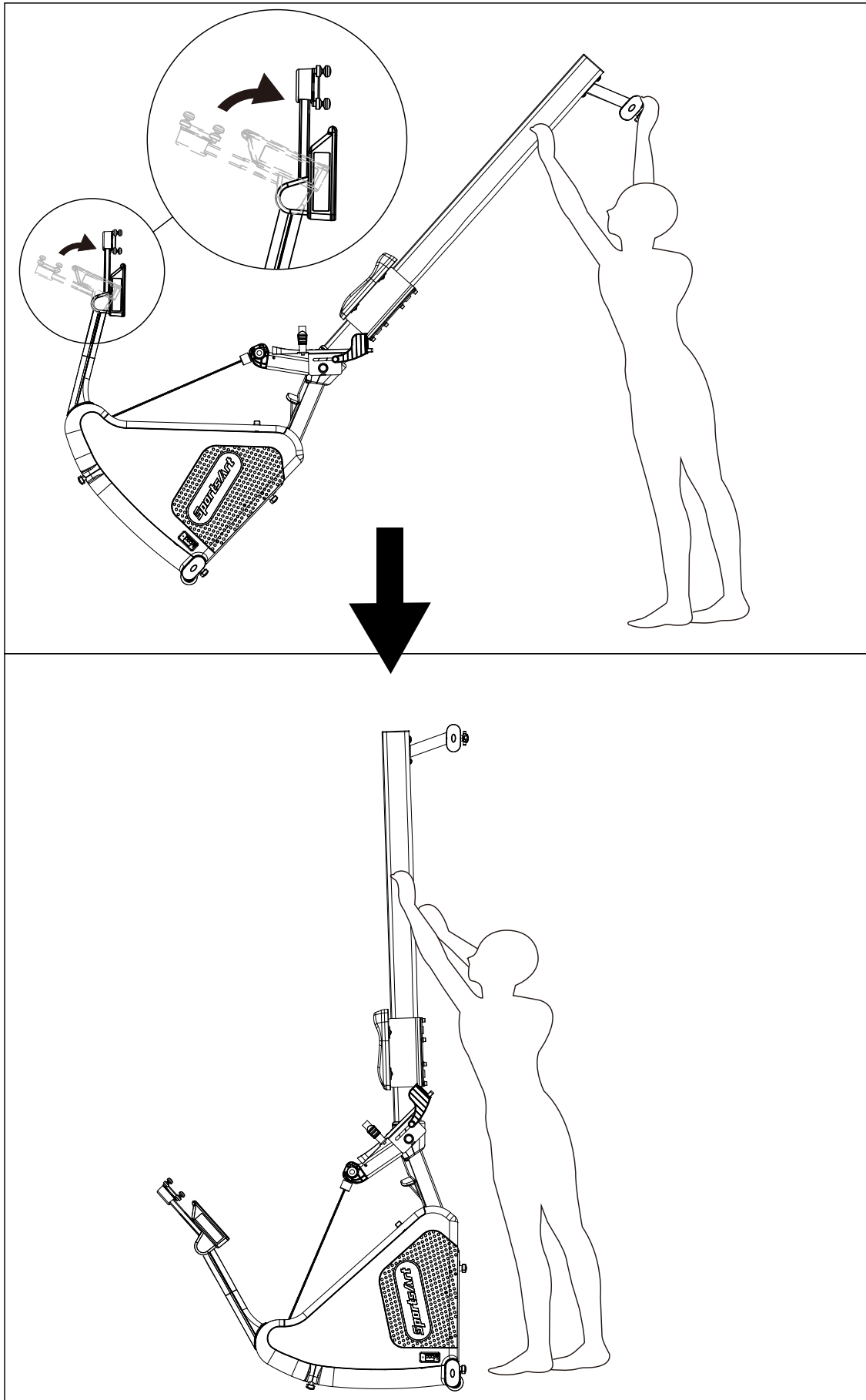
Please pull out the smartphone holder before rotating it and adjust it to a suitable range to meet the size of the cell phone.

The smartphone holder is suitable for device with a size (width*length) of (65mm*140mm)-(95mm*95mm). (The limit of the length depends on the width.)



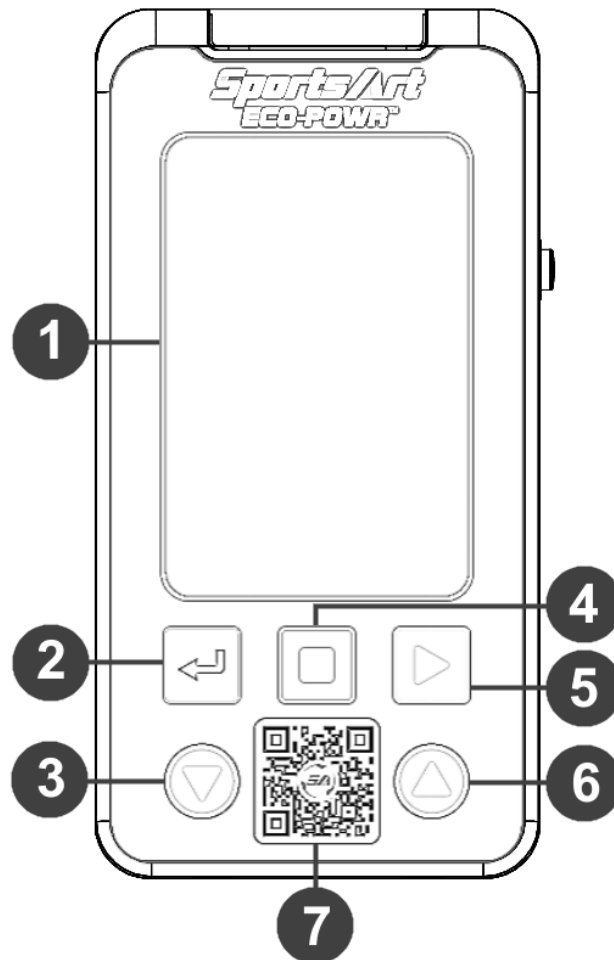
STEP 7 Instruction of Storing and Placing the Machine







If you need to store the machine upright, the user must close the console first and lift the machine carefully and then place it at a fixed position.

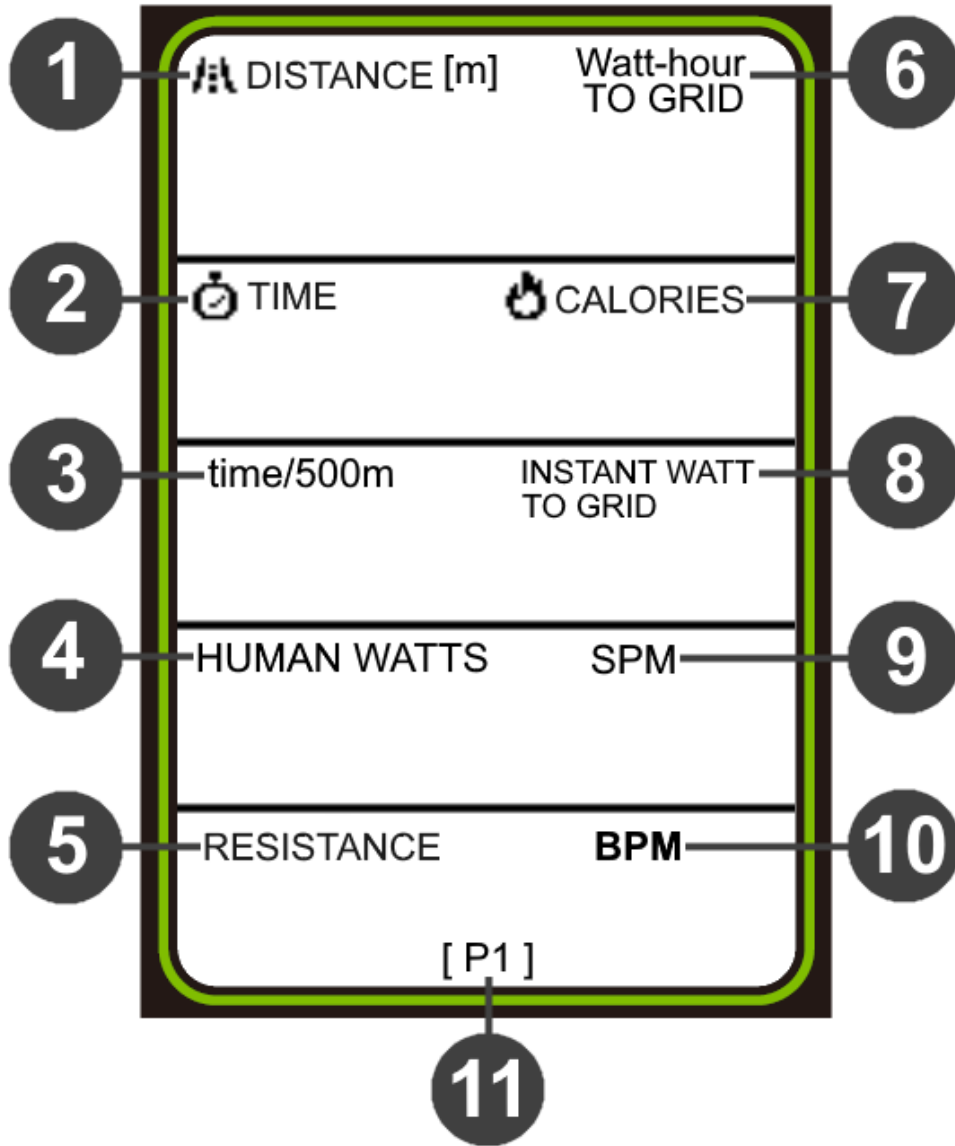


5. DASHBOARD AND HANDLEBAR REMOTE CONTROL

DASHBOARD Panel Description





No.	Element	Description	No.	Element	Description
1		LCD window: Displays sports information, sports mode settings, and other information.	4		End Program Key: (1) Stop the movement. (2) Press and hold this button to jump back to the start screen quickly.
2		ENTER Key: (1) Select the exercise mode. (2) Enter each setting and press this button to confirm.	5		QuickStart Key: Skip the exercise mode selection and various settings and start exercising directly.
3		Adjustment key ▼: (1) The next selection. (2) Used to reduce the set value.	6		Adjustment key ▲: (1) The previous selection. (2) Used to increase the set value.
7		QR Code: Scan the QR Code to display information about the tag. (1) Link to SportsArt website. (2) Connect the SA WELL+ device to the machine. (available only with SA WELL+ WIFI version)			



No.	Element	Description	No.	Element	Description
1		DISTANCE: Indicates the distance you have traveled during the exercise or the distance remaining.	6		Watt-hour To GRID: The “Watt-hour To GRID” that you have accumulated during the workout.
2		TIME: Indicates how long you have been exercising or how much time you have left to exercise.	7		CALORIES: The total number of calories you burned during the exercise.

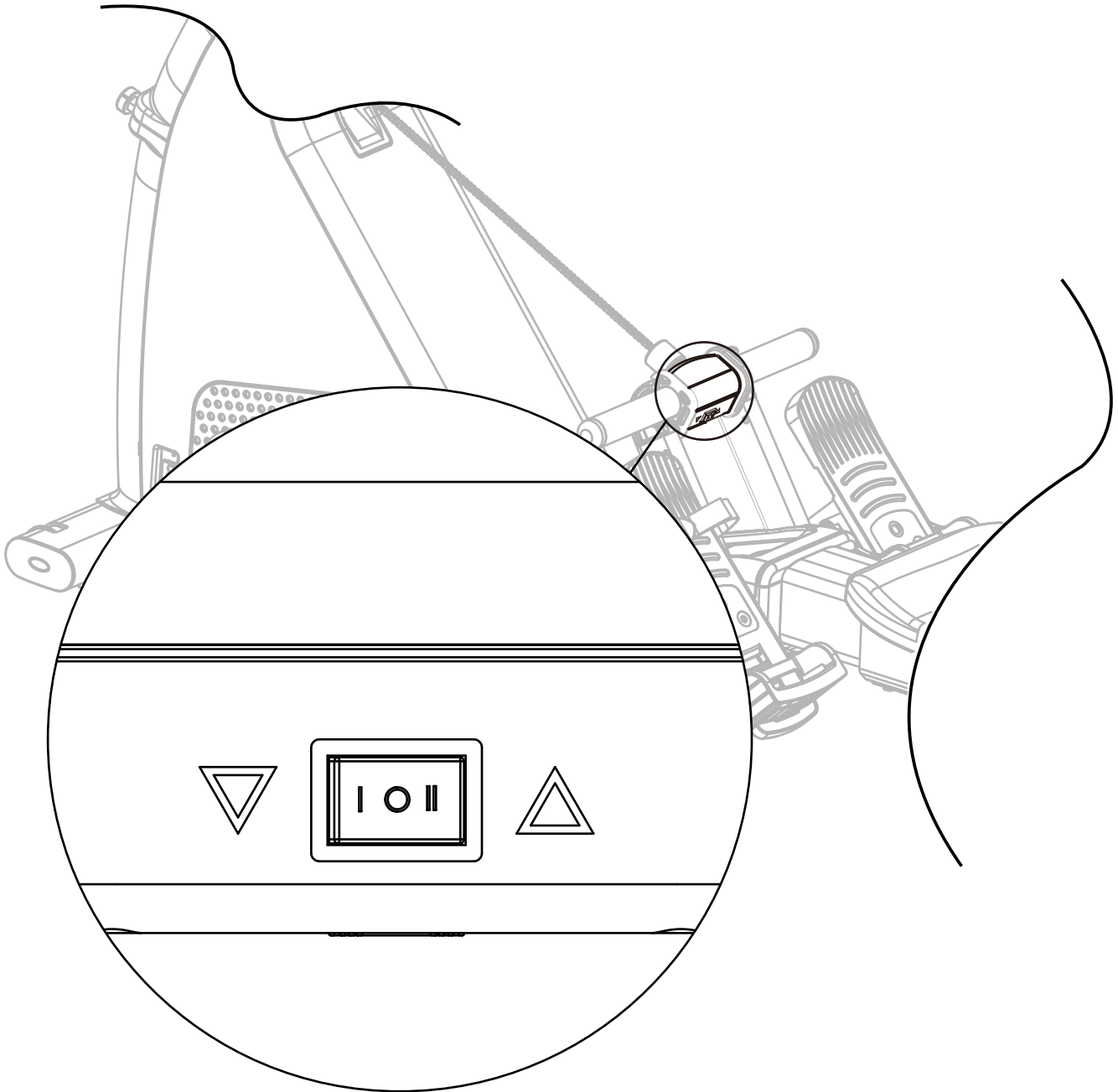
DASHBOARD Sports Information Window (CONT.)

No.	Element	Description	No.	Element	Description
3		<p>time/500m: At the current speed, the time required to row every 500 meters.</p>	8		<p>Use  to toggle the display of “Instant Watt To GRID” or “STROKES”.</p> <p>1. Instant Watt To GRID: Your current Instant Watt To GRID.</p> <p>2. STROKES: The total number of strokes you made during the workout.</p>
4		<p>HUMAN WATTS: Your current Human Watts.</p>	9		<p>SPM: The number of strokes per minute according to the current speed.</p>
5		<p>RESISTANCE: Your current level of resistance.</p>	10		<p>BPM:</p> <ol style="list-style-type: none"> Your heart rate is monitored. When a wireless heart rate chest strap is connected, the text will change to a heart icon.
11		<p>Exercise mode tip: This prompt will appear when you select any of the exercise modes and start exercising.</p> <ol style="list-style-type: none"> “P” stands for Exercise Mode Program. The “number” represents the number of times you selected a exercise mode. 			

HANDLEBAR Remote control Description

The button is to adjust the amount of force application on the user, i.e. the resistance during the use of the machine.


- (1) Press right to increase the resistance level.
- (2) Press left to decrease the resistance level.



6. OPERATE THE PRODUCT

Before using the product, this section explains how to use your machine's console and program settings.

OPERATION Console power on/off


1. When you press the  button on the console or pull the handle directly, the console will turn on.
2. To save power, the console will automatically shut down if you do not press any button or pull the handle on the console for 2 minutes during the start screen.

OPERATION Start Using



















1. After power on, the console will show the start screen, follow the instructions on the screen to select the type of exercise you want.



(1) QUICKSTART

Press  to start exercising, time is calculated from 0:00, and the resistance level is preset to level 1.

(2) SELECT PROGRAM

- a) Press  , use   to select a exercise mode, select it and press  .
 - b) Use   to select the exercise target, select it and press  .
 - c) Use   to set the target value, and then press  .
 - d) Use   to set the age, and then press  .
 - e) Use   to set the weight, and press  to start the exercise.
2. The resistance level can be adjusted during exercise by using the   or the button on the handlebar remote control, and the resistance level can be adjusted from 1 to 10 levels.

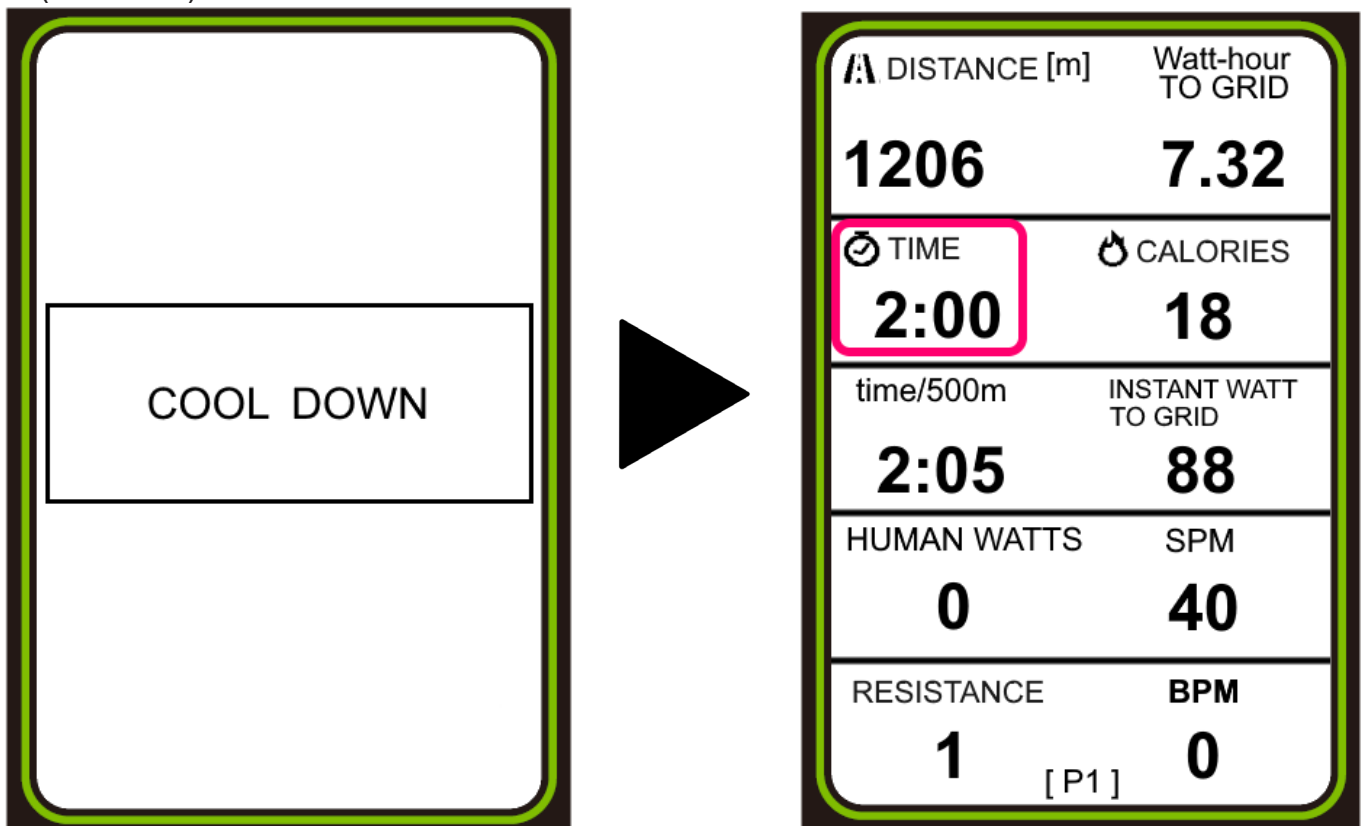
OPERATION Start Using (CONT.)

3. During the workout, the console light (in the red frame below) will display different light colors to present different Instant Watt To GRID according to the Instant Watt To GRID value, the following is the relationship between different light colors and Instant Watt To GRID:



Lighting color:	White	Green	Cyan	Blue	Purple	Red
Instant Watt To GRID:	Less than 50	51-70	71-90	91-110	111-150	Higher than 151

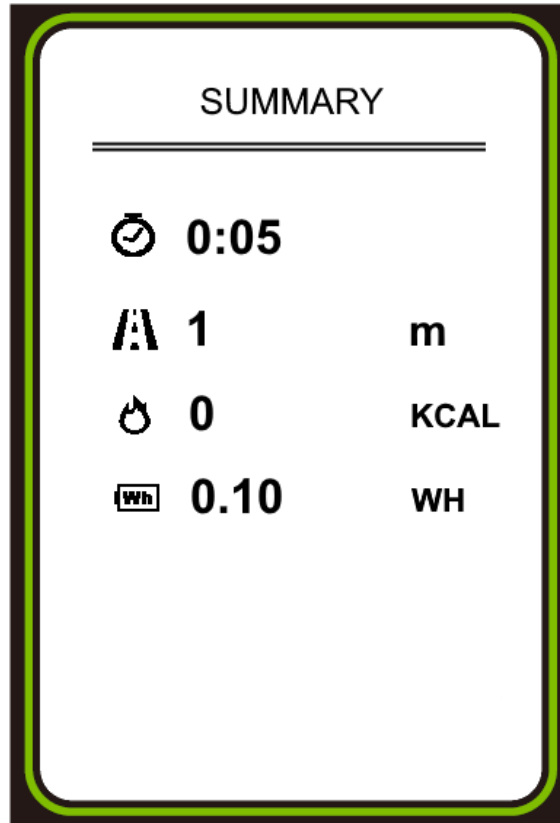


- 4. When the workout is paused, if there is no operation within 2 minutes, it will return to the start screen.
- 5. When there is a set exercise target (time, distance, calorie, Watt-hour To GRID) completed, the message “COOL DOWN” will pop up automatically, then the exercise time will show 2:00 (red frame) and will count down to 0:00 to end the exercise.



OPERATION Start Using (CONT.)

6. Whenever you press  or COOL DOWN, the exercise will end directly and the exercise summary (SUMMARY) will be displayed, and the exercise data will continue to be displayed for 15 seconds; press  again to return to the start screen.



OPERATION Exercise Program

Exercise Mode Information

1. MANUAL:

The resistance level is manually adjusted during exercise.

2. RESISTANCE INCREASES EVERY 100M:

The resistance level is automatically increased by 1 level when the exercise distance increases by 100 meters during the exercise.













3. HRC:

The user selects either Weight Loss or Cardio mode as the target heart rate, and the program automatically adjusts the resistance to maintain your target heart rate. A wireless heart rate chest strap must be worn for these exercises.

4. HIIT:

The user selects the time or distance to create a custom interval program of “exercise rounds” and “rest time”.




Exercise Goal Information

Element	Description
	Targeting [Time]: The setting range is 5-300 minutes, and the system default value is 30 minutes. Use   to adjust the time.
	Targeted by [Distance]: The setting range is 100-9999 meters, and the system default value is 100 meters. Use   to adjust the distance.
	Targeting [Calorie]: The setting range is 100-9999 kcal, and the system default value is 100 kcal. Use   to adjust the calorie.
	Targeting [Watt-hour To GRID]: The setting range is 5-100 Wh, and the system default value is 30 Wh. Use   to adjust the Watt-hour To GRID.

User Information




1. Age setting:

The setting range is 10-90 years old, and the system default value is 35 years old.







Use   to adjust the age and press  to complete the setting.

2. Weight setting:













The setting range is 50-500LB / 20-227KG, the system default value is 165LB / 75KG.

Use   to adjust the total weight and press  to complete the setting.


OPERATION Engineering Mode



To enter the engineering mode, press and hold  for roughly 3 seconds on the start screen. Use   to navigate through the settings (press  for the next item; press  for the previous item), and press  at any time to finish and return to the start screen.

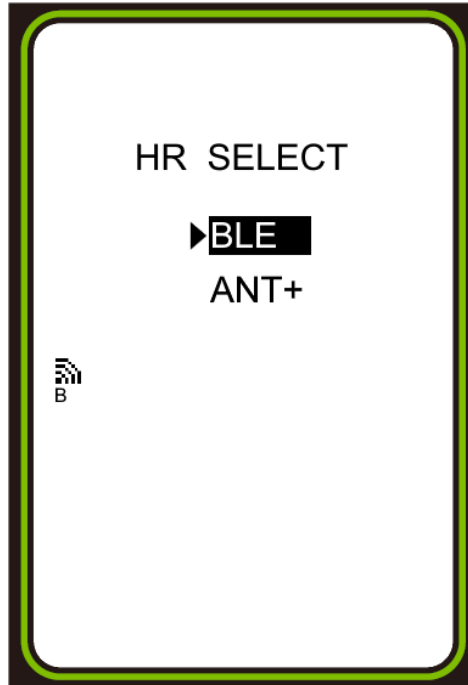
Parameter setting:



Item	Description
UNIT	Metric/Imperial setting: Use   to select KG (metric) or LB (imperial).
VERSION	Program Version: View the program version of the machine. 1) CTL: xx-xxxx --> The program version of the control board. 2) DRV: xx-xxxx --> The program version of the driver.
S/N	Machine Serial Number: View the serial number of the machine.
LANGUAGE	Multi-language settings: Use   to select a country language.
SLEEP MODE TIME	Sleep mode time setting : The setting range is 5-60 minutes or OFF, the system default value is 30 minutes. Use   to adjust the time.
TOTAL TIME	Total Machine Time: View the total time the machine has been in use. The unit is "HOUR".
TOTAL DISTANCE	Total Machine Distance: View the total distance the machine has been used. This is measured in "KM".
BRIGHTNESS	Backlight brightness setting: Use   to adjust the backlight brightness.
BUZZER	Buzzer sound setting: Use   to select  (on) or  (off) for the buzzer sound.

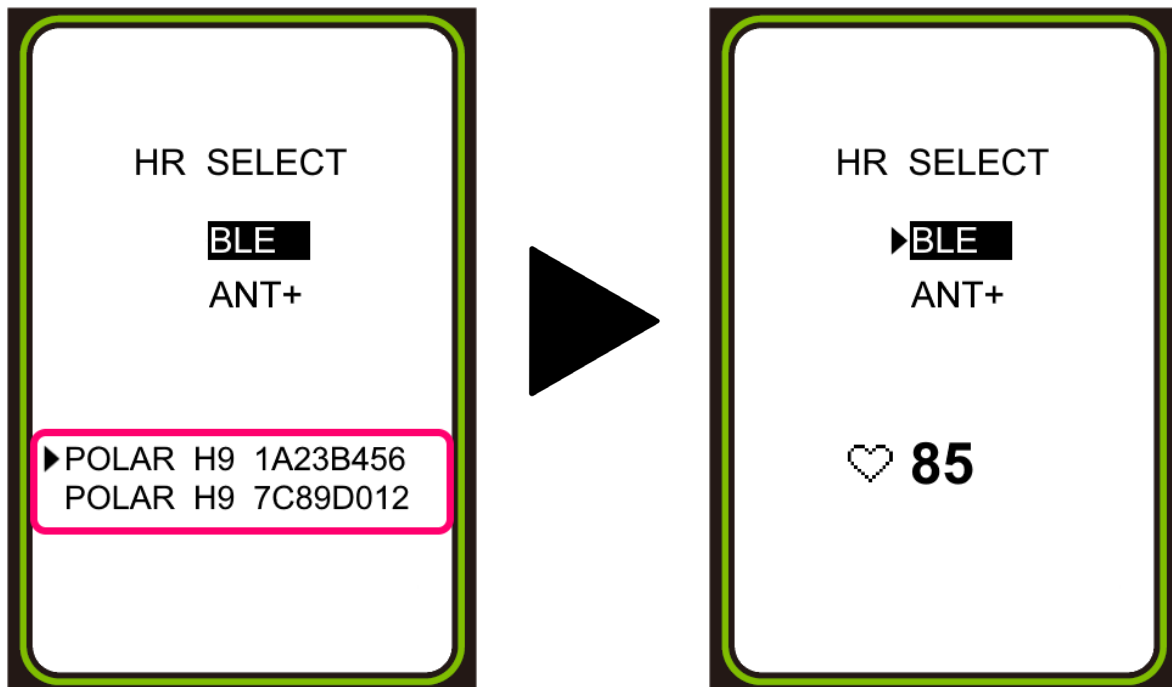
OPERATION Wireless heart rate chest strap selection



To access the wireless heart rate chest strap selection, press and hold  for about 3 seconds on the start screen.


Use   Select the BLE (Bluetooth) or ANT+ (wireless protocol) pairing method, the system defaults to BLE.



Then press  to search for the wireless heart rate chest strap. When you find it, the ID code of the wireless heart rate device (red frame) will appear, press  to connect.



If more than one wireless heart rate chest strap appears, use   to select the wireless heart rate chest strap you are using.

Press  at any time to end and return to the start screen.

7. ABOUT HEART RATE DETECTION

Heart rate detection functions are selected at the time of purchase. Not every product has every type of heart rate detection. The following explains factors that influence the performance of two of the most common types of heart rate detection devices.

HEART RATE Telemetry

The words “telemetry heart rate” refer to the detection of heart rate via a device worn on the exerciser and transmitted over the air to a circuit board built into the product.

Telemetry heart rate devices are commonly worn on the exerciser’s chest, where the pulse is strongest and relatively easy to detect.

The following explains conditions that affect the performance of the telemetry heart rate function in all products:

- If the battery is too low, the receiving distance may be shortened or there will be no reception.
- Attach the wireless heart rate chest strap to your chest without being too tight or too loose.
- Please select the correct Bluetooth or ANT+ wireless heart rate chest strap to prevent the receiver from receiving the heart rate values of other users.

HEART RATE Contact

This product is NOT equipped with hand-grip heart monitor.

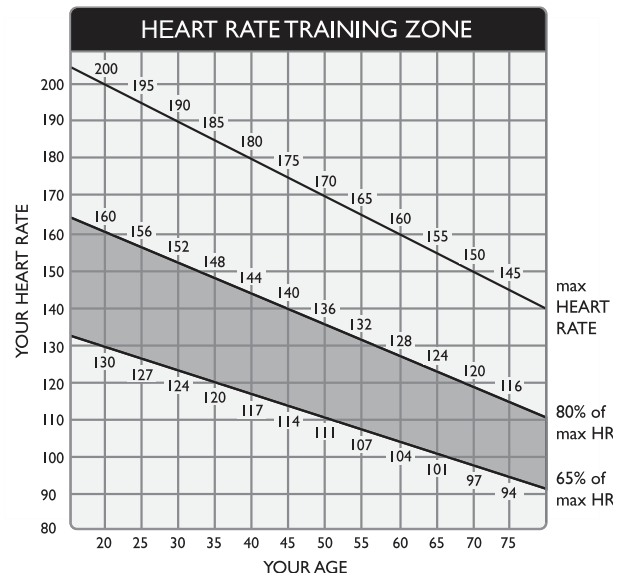
9. GUIDELINES FOR EXERCISE

HOW HARD SHOULD I EXERCISE?

Studies show that to benefit from aerobic exercise, people need to maintain a certain heart rate during their workouts. Your heart rate training zone depends on your age and fitness level.

The darkened area in the chart to the right represents the recommended heart rate training zone for people of various ages. It was calculated by taking 220 minus age in years, multiplied by 65% and 80%. The area between those values is the heart rate training zone.

CAUTION: Heart rate training zones are generalizations and may not suit every person. Always check with your physician to understand what heart rate goal would be appropriate for you.



HOW LONG SHOULD I EXERCISE?

The duration of your workout must depend on your fitness level. In general, it is recommended that you maintain a heart rate within your training zone for at least 15 to 20 minutes to experience the benefits of aerobic exercise. Beginners should always start out slowly and gradually increase the duration and intensity of their workouts. As your fitness level improves, you will be able to maintain a heart rate within the training zone for longer periods of time.

When you begin your workout, use the first several minutes to warm up. Then slowly increase the intensity of your workout to bring your heart rate into your training zone. At the end of your workout, gradually decrease your workload. Then exercise lightly to cool down.

HOW OFTEN SHOULD I EXERCISE?

Research indicates that to achieve the greatest benefit, people should exercise three to five times per week. It is important to allow sufficient time, at least 24 hours, for your body to recover after exercise.

10. MAINTENANCE

This section covers maintenance topics, including error messages , along with the presentation of a maintenance schedule, maintenance task list, oneyear maintenance log.

MAINTENANCE Safety Precautions

- Please follow standard safety precautions when servicing on this product.
- Do NOT use a damp towel to clean the product and do perform the following maintenances.
- Do NOT use cleaners with alcohol, ammonia, or other damaging chemicals. The use of such chemicals can damage the product and void the warranty. Never spray or pour any liquid directly onto the product. Doing so can damage electronic components and void the warranty.
- Use a clean, lint-free towel, dampened with a mixture of Simple Green® all-purpose cleaner, to thoroughly clean the handlebar and the console.
- This product has moving parts that can be hazardous. Exercise caution when maintaining, operating, or moving this product.
- Do not use accessories or parts that are not specifically recommended by the manufacturer (SportsArt) . Such parts might cause injuries or cause the unit to fail and void the warranty. We will not be responsible for any safety issue that arises due to the misuse of accessories or parts. At the same time, we will terminate the warranty terms of this equipment.
- The product shall be disconnected from its power source during service and when replacing parts.
- Maintenance and repair must be performed by trained service personnel only. Improper maintenance would not only damage the machine, but also may present a danger to the exerciser.
- Keep this product out of use until maintenance is completed.
- If you need to remove the cover for repair or maintenance, be sure to contact the service station or dealer to deal with, do not operate on their own.

MAINTENANCE Maintenance Checklist

If there is a need for maintenance of components, please visit the SportsArt website.

cleaning requirements

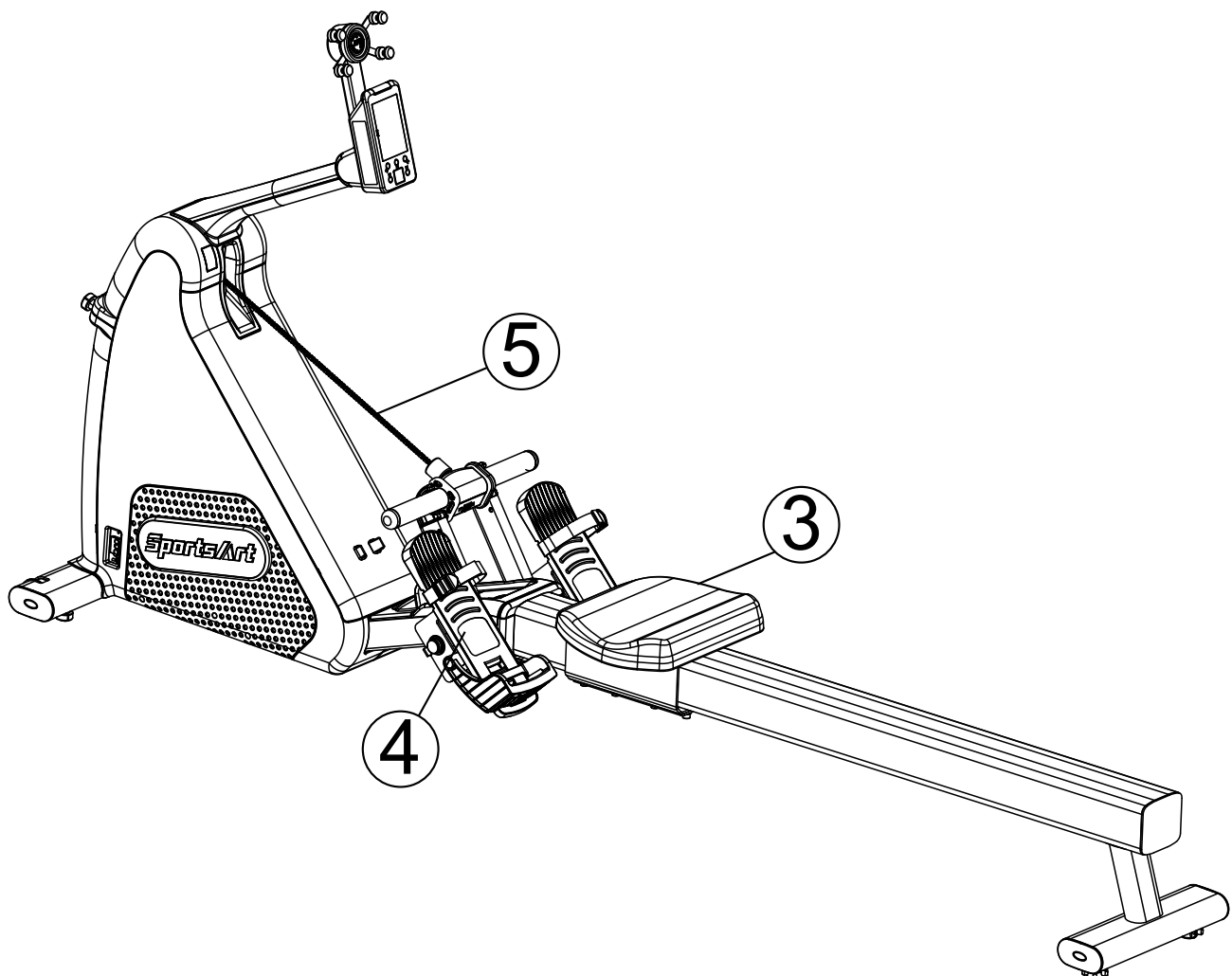
1.directive 93/42/CEE

2.directive biocide 98/8/CEE

The disinfectant has to be in compliance with Medical Device Directive 93/42/EEC (MDD) and Biocidal Products Directive 98/8/EC (BPD).

It is suited for sensitive synthetic surfaces such as synthetic leather, polycarbonate (PC), acrylic glass and polysulfone, and for the keyboards and control panels.

	Area	Day	Week	Month	Quarter	Year	Notes
1	Appearance of the machine	●					Clean.
2	Screws of the machine	●					Check if they are loose.
3	Saddle	●					Wipe with wet cloth which is wrung out.
4	Pedal	●					Check if they are loose
5	Chain					●	Grease



MAINTENANCE Task List

Like cars, fitness products require maintenance. Regular maintenance extends product life, and failure to maintain products can void the manufacturer's warranty. Copy the maintenance log sheet, and record maintenance work for each fitness product.

Daily tasks

1. Use a clean, lint-free towel to thoroughly clean the product exterior.
2. Inspect all screws. Secure if necessary.
3. Use a cloth moistened with water then wrung well, and wipe the saddle gently.
4. Inspect and secure loose parts

Yearly

The chain should be greased every year.

Caution

- Please follow standard safety precautions when servicing this product.
- Do NOT use cleaners with alcohol, ammonia, or other damaging chemicals. The use of such chemicals can damage the product and void the warranty. Never spray or pour any liquid directly onto the product. Doing so can damage components and void the warranty.

MAINTENANCE Maintenance Log

Facility: _____

Supervisor: _____

Product model number: _____

Serial number: _____

Start date: _____

End date: _____

Daily Tasks	Week 1-7							Week 8-14							Week 15-21							Week 22-28									
Completed																															

Daily Tasks	Week 29-35							Week 36-42							Week 43-49							Week 50-52									
Completed																															

Weekly Tasks	Week 1-7							Week 8-14							Week 15-21							Week 22-28									
Completed																															

Weekly Tasks	Week 29-35							Week 36-42							Week 43-49							Week 50-52									
Completed																															

Monthly Tasks	1	2	3	4	5	6	7	8	9	10	11	12
Completed												

Quarterly Tasks	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Completed				

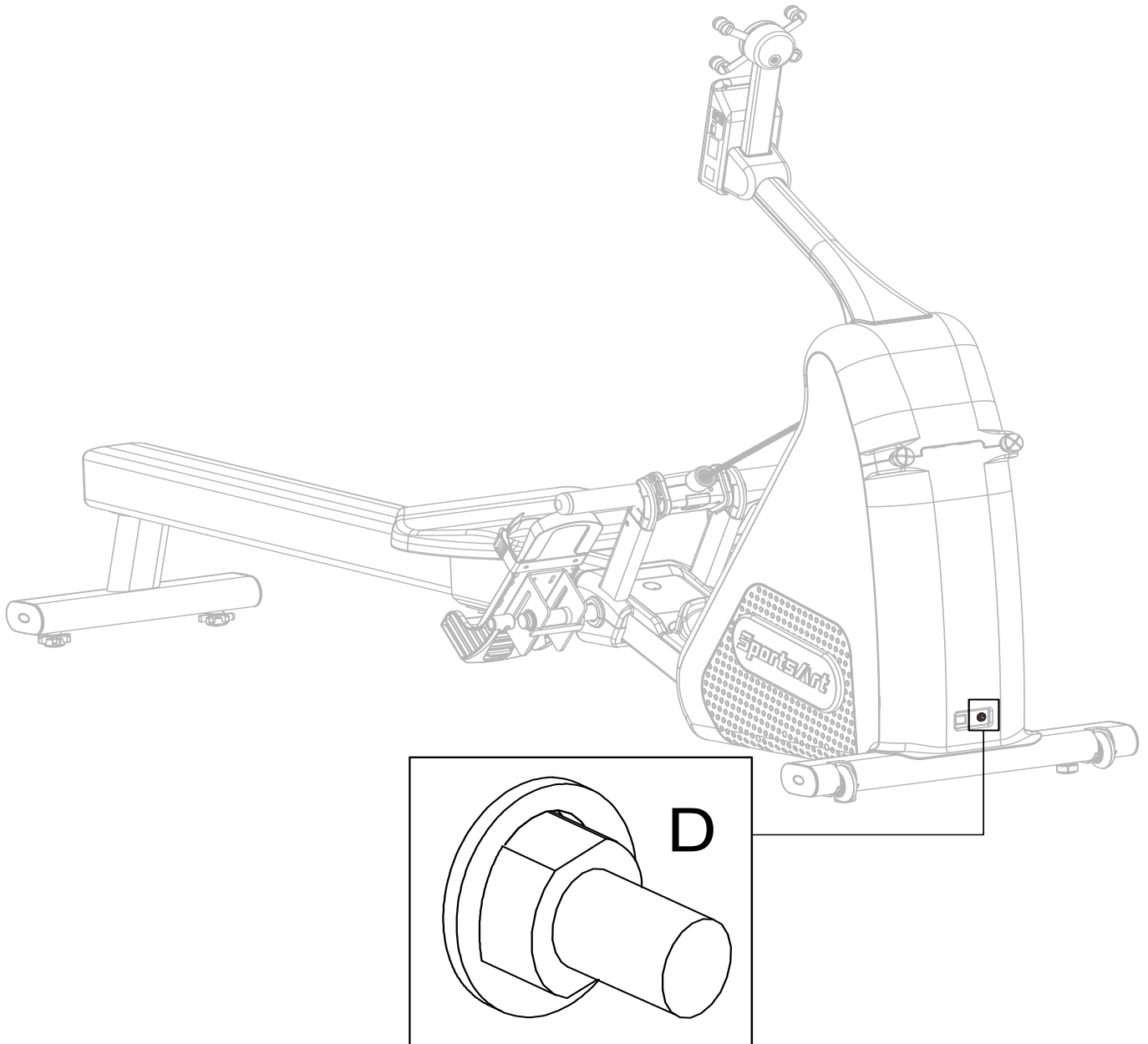
Yearly Tasks	Year 1
Completed	

Notes: _____

MAINTENANCE Circuit Protection

When there is an overload circuit, the round button will trip to disconnect the supply automatically, shown as point D in figure below. Wait 5-10 minutes before pressing the button. If an abnormality is still present, turn off the power supply and make an inspection by maintenance personnel, and then follow the boot procedure to resume normal operation.

The picture below is for reference only.

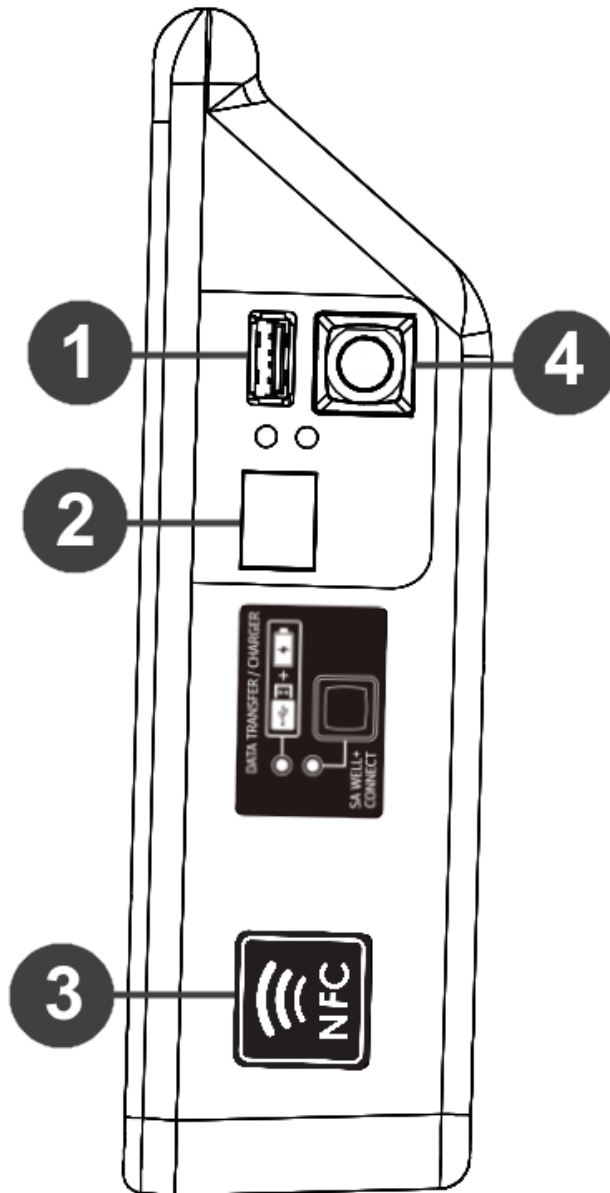


MAINTENANCE Error Messages

When an abnormal condition occurs in the machine, the sports Information window will display the abnormal message.

Error code	Reason for abnormality
ERROR 1-1	Boot self-test error. (Zero voltage level anomaly for AC voltage)
ERROR 1-2	Boot self-test error. (Zero current level abnormality of AC current)
ERROR 3-1	AC power loss (The island effect).
ERROR 3-2	AC power supply voltage out of operating range.
ERROR 3-3	AC power frequency out of operating range.
ERROR 4-3	DC BUS voltage is too high. (440V - 450V)
ERROR 4-4	DC BUS voltage is too high. (Greater than 450V)
ERROR 6-1	Generator over current.
ERROR 6-2	Generator over voltage.
ERROR 8-1	The communication between the console and the driver is abnormal during power on.
ERROR 8-2	The communication between the console and the driver is normal at the time of power on, but abnormalities occur during the use period.
ERROR 8-3	MI drive failure.
ERROR 8-4	G260 drive failure.
ERROR 8-5	The communication abnormality between the console and the LOAD CELL board.
LCS ERROR	Weighing Scale Pressure Sensor is faulty or broken.

11. ACCESSORIES



ACCESSORIES Standard

No.	Description
1	USB Port: 1) Support 5V, 1A device charging use. 2) Update software.
2	CSAFE Port: Supports CSAFE protocol-compliant devices.
3	NFC: Hold the mobile device close to the NFC tag and the information from the tag will appear. (1) Link to SportsArt website. (2) Connect SA WELL+ devices to the station (optional SA WELL+ WIFI version is available for this feature).

ACCESSORIES Optional

1. This product supports SA BLE device (Bluetooth version) or SA WELL+ device (WIFI version), only one of them can be selected.

(1) **SA BLE device Bluetooth version**

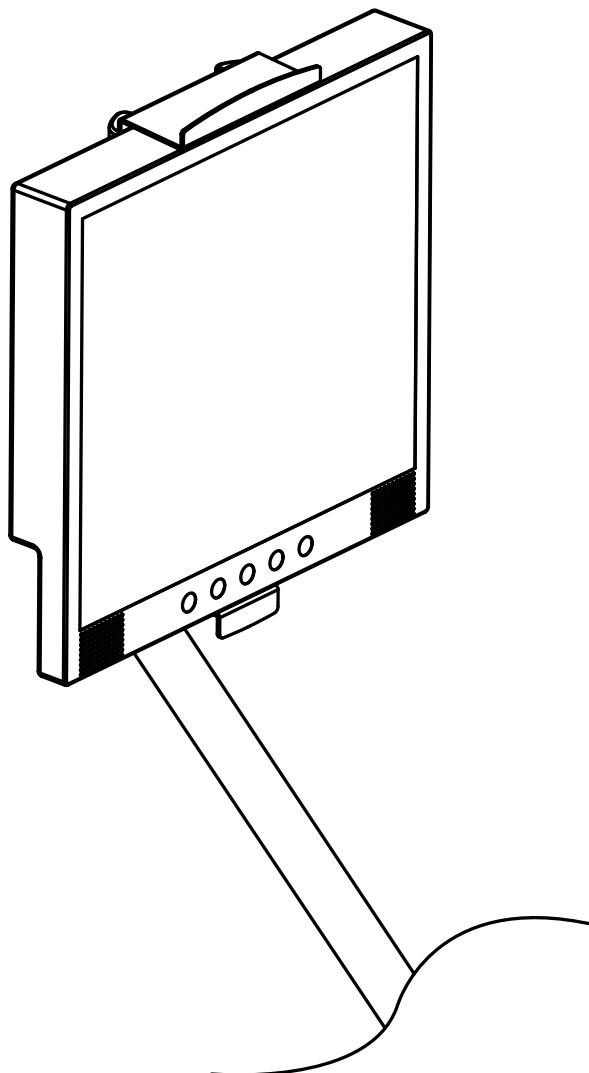
- a) This device connects to mobile devices via Bluetooth (Rowing3D application must be downloaded first) to transfer sports data and display.
- b) Connect to the race, sports data recording.

(2) **SA WELL+ device WIFI version**

- a) This device connects to mobile devices via WIFI (SA WELL+ application must be downloaded first) to transfer sports data and display.
 - b) Member's personal information, sports data recording and management.
- For more information about this function, please go to SA WELL+ website.

No.	Description
4	Bluetooth / WIFI disconnect button: This button is only available for optional SA BLE devices or SA WELL+ devices. (1) When the mobile device is connected with Bluetooth or WIFI, if you need to disconnect, use this button to disconnect. (2) If you need to reconnect with Bluetooth or WIFI, you can use this button to disconnect and reconnect again.

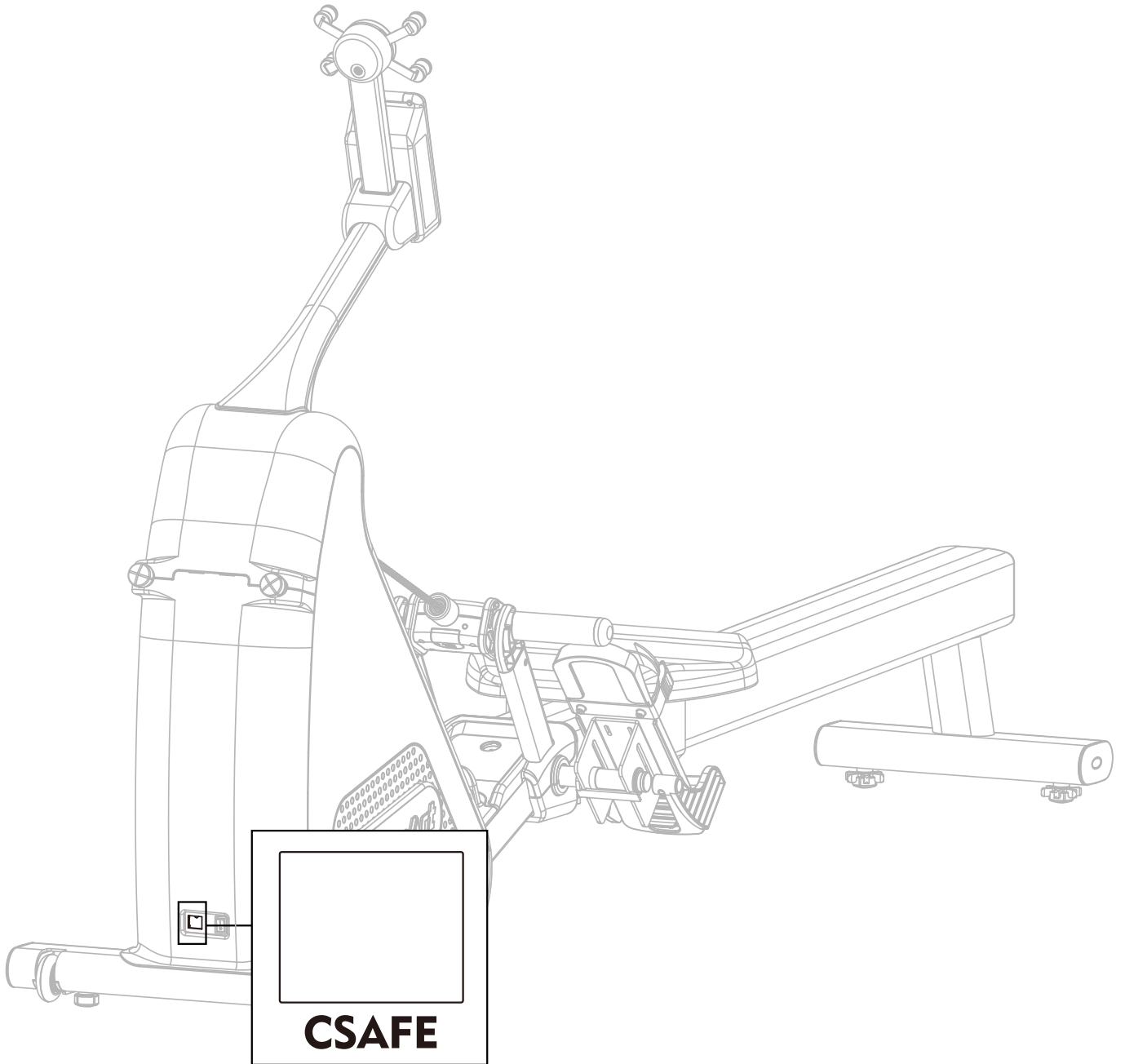
2. TV Mount Bracket



ACCESSORIES CSAFE Port

Compatible with CSAFE (Communications Specification for Fitness Equipment) Protocol.

*The figure below is for reference purposes only.



12. APPENDIXES

APPENDIXES Other Information

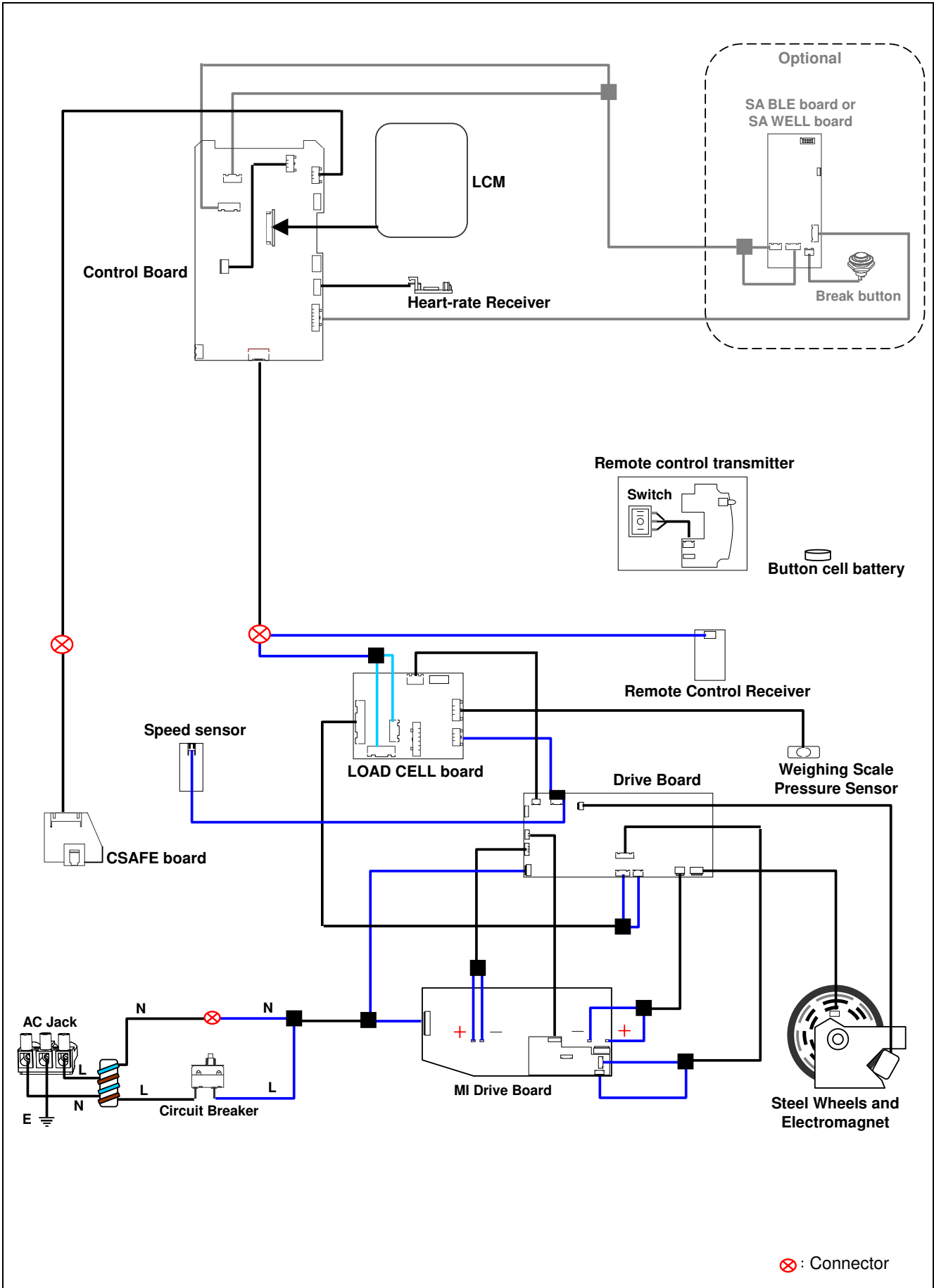
Sports Information Specifications

Item	Value range	Unit
DISTANCE	0 - 9999	m/ft
TIME	0 - 300	minutes
time/500m	0 - 500	minutes
HUMAN WATTS	0 - 9999	W
RESISTANCE	1 - 10	level
Watt-hour To GRID	0 - 9999	Wh
CALORIES	0 - 9999	kilocalorie
Instant Watt To GRID	0 - 270	W
STROKES	0 - 9999	times
SPM	0 - 200	times
Heart Rate Range	35 - 220	bpm

Product Specifications

Product Model	G260
Dimensions	L : 2416.1 mm (95.1") W : 536 mm (21.1") H : 1239.8 mm (48.8")
Overall Weight	80 kg / 177 lbs
Maximum User Weight	227 kg / 500 lbs
Power Requirement	100 - 120 V , 60Hz (USA) 200 - 240 V , 50Hz (EUROPE)
Display Screen	LCD display
Display Information	Distance, Time, Time/500m, Human Watts, Resistance, Watt-hour To GRID, Calories, Instant Watt To GRID, Strokes, SPM, BPM
Exercise Programs	Manual, Resistance increases every 100m, HRC, HIIT
Resistance System	Magnetic resistance
Resistance Levels	10
Heart rate detection	Wireless reception
Handlebar remote control	Yes

APPENDIXES Wiring Diagram



Cautionary Messages

1. SAVE THESE INSTRUCTIONS

To lower the risks involved in the assembly and operation of this inverter, please carefully note the meaning of the following warning symbols, abide by their messages, and thoroughly read these instructions.



This WARNING symbol indicates a risk of electric shock. Please use extreme caution when processing the procedure.



This CAUTION symbol identifies an improper operation that could result in critical safety issue or damage to the user or devices.

2. IMPORTANT SAFETY INSTRUCTIONS



CAUTION

These servicing instructions are for use by qualified personnel only. To reduce the risk of electric shock, do not perform any servicing other than that specified in the operating instructions unless you are qualified to do so.

PRUDENCE!

Ces instructions d'entretien sont uniquement destinées à un personnel qualifié. Pour réduire le risque de choc électrique, ne pas effectuer un autre service que celui spécifié dans les instructions de fonctionnement, à moins que vous soyez qualifié pour le faire.



CAUTION

Perform all electrical installations in accordance with all applicable local electrical codes and the National Electrical Code (NEC), ANSI/NFPA 70.

PRUDENCE!

Effectuer toutes les installations électriques en conformité avec les règlements locaux en vigueur et du Code National de l'Electricité (NEC), ANSI/NFPA 70.

APPENDICES MICRO INVERTER [MI-250] (CONT.)

To lower the risks involved in the assembly and operation of this inverter, please follow the intent of these messages.



CAUTION

Plates are live. Disconnect unit before servicing. No user serviceable parts inside. Refer servicing to qualified service personnel.

ATTENTION!

Les plaques sont à nu. Débrancher l'appareil avant son entretien. Aucune pièce n'est réparable par l'utilisateur. Faire appel à un réparateur qualifié pour toute intervention de dépannage.



WARNING

Power fed from more than one source. Each circuit must be individually disconnected before servicing. Do not remove cover until 5 minute after disconnecting all sources of supply.

AVERTISSEMENT!

L'alimentation provient de plus d'une source. Chaque circuit doit être coupé avant toute intervention de dépannage. Attendre 5 minutes avant de retirer le couvercle une fois toutes les sources d'alimentation coupées.

APPENDIXES MICRO INVERTER [MI-250] (CONT.)**Electronic Specifications**

Input Data(3 Phase AC)	
Input power source	3 Phase permanent-magnet generator
Maximum input voltage	140V (line-to-line voltage)
Nominal operating voltage range	55-125V (line-to-line voltage)
Maximum input current	7A (line current)
Output Data(single phase AC)	
Maximum continuous output power	220W
Output power factor rating	>0.9
Nominal voltage(Operating range)	120VAC(105.6-132.0V) (for USA) 230VAC(184.1-264.4V) (for EU)
Maximum continuous output current	2.0A(for 120V) (for USA) 1.3A(for 230V) (for EU)
Normal output frequency(Operating frequency range)	60Hz(59.3~60.5Hz) (for USA) 50Hz(47.4~50.1Hz) (for EU)
Utility interconnection voltage and Frequency trip limits and trip times	0.16s (for USA) 0.2s (for EU)
Maximum units per branch	7 (for USA, 15A branch system) 9 (for EU, 10A branch system)
Output controlling method	The LEVEL command of panel controller
Output type	Utility-Interactive
Others	
Normal operation temperature range	+5°C ~ +35°C
Storage temperature range	+5°C ~ +40°C
Enclosure Rating	Type 1:"indoor use only"
Application	For SportsArt device only
Conductors	Use Copper Conductios Only

APPENDIXES MICRO INVERTER [MI-250] (CONT.)

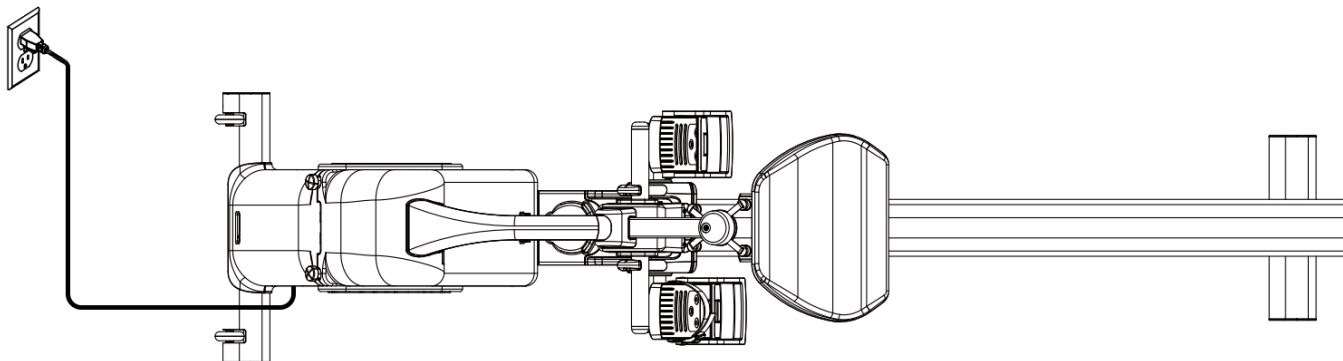
Circuit Board & Product Settings

1. Frequency setting:

MICRO INVERTER can detect the frequency automatically without setting.

2. Connecting to grid power:

After MICRO INVERTER is installed into ECO-POWR products, the power can be linked to grid power through the product power cord, as shown in the following figure. Attention: it is necessary to cover the power cord and product connecting area with a metal cover. Unplug the power cord from the wall outlet before pulling the plug from the product. If the plug is pulled while it is connected to the power grid, it might cause the electric arc and damage the plug.

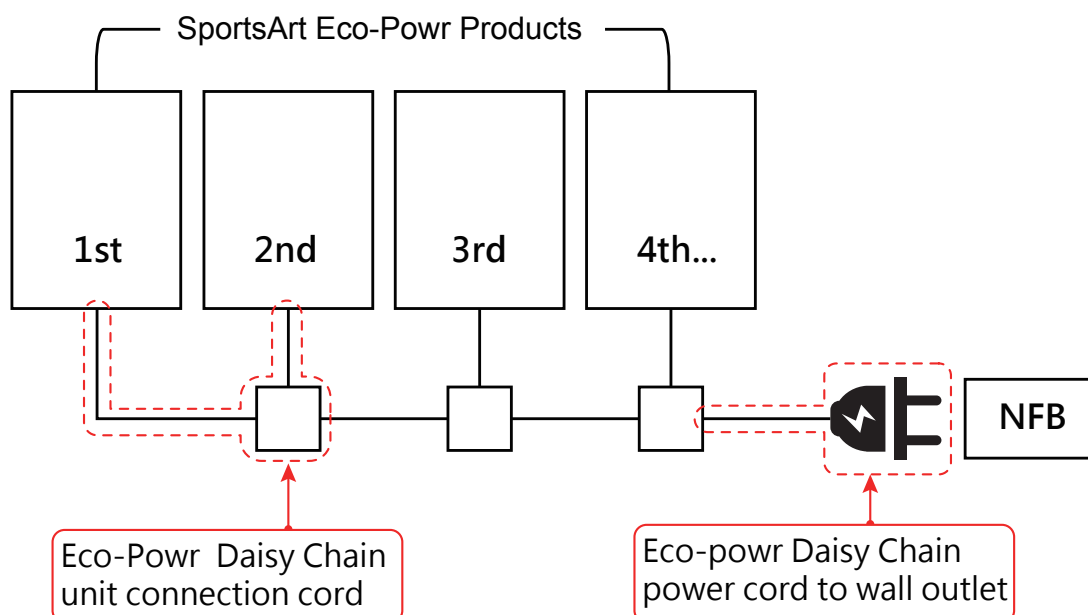


3. The number of products can be linked to a power circuit line:

The max wattage output of MICRO INVERTER is 220W. Pay attention to the electricity capacity limit (the rating of over-current protective device) to avoid overload. Different area voltage limits are shown as the following table.

Local Grid voltage	The rating of the circuit	Number of products
230V	10A	9
220V	10A	8
120V	15A	7
110V	15A	6

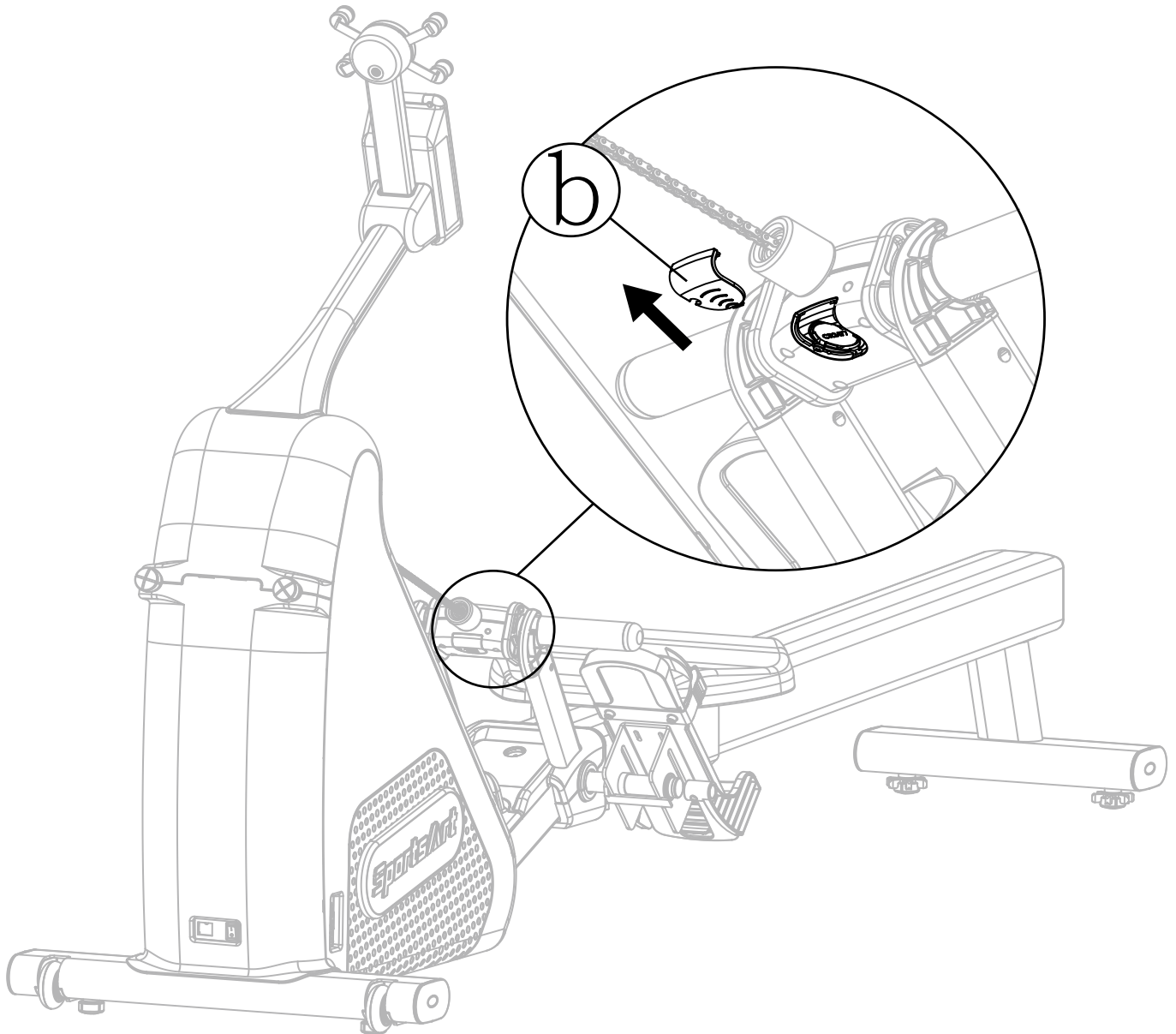
This optional accessory, the SportsArt ECO-POWR Daisy Chain unit connection cord, allows multiple ECO-POWR products to be powered from a single electrical socket.



APPENDIXES Specification and Position of the Battery

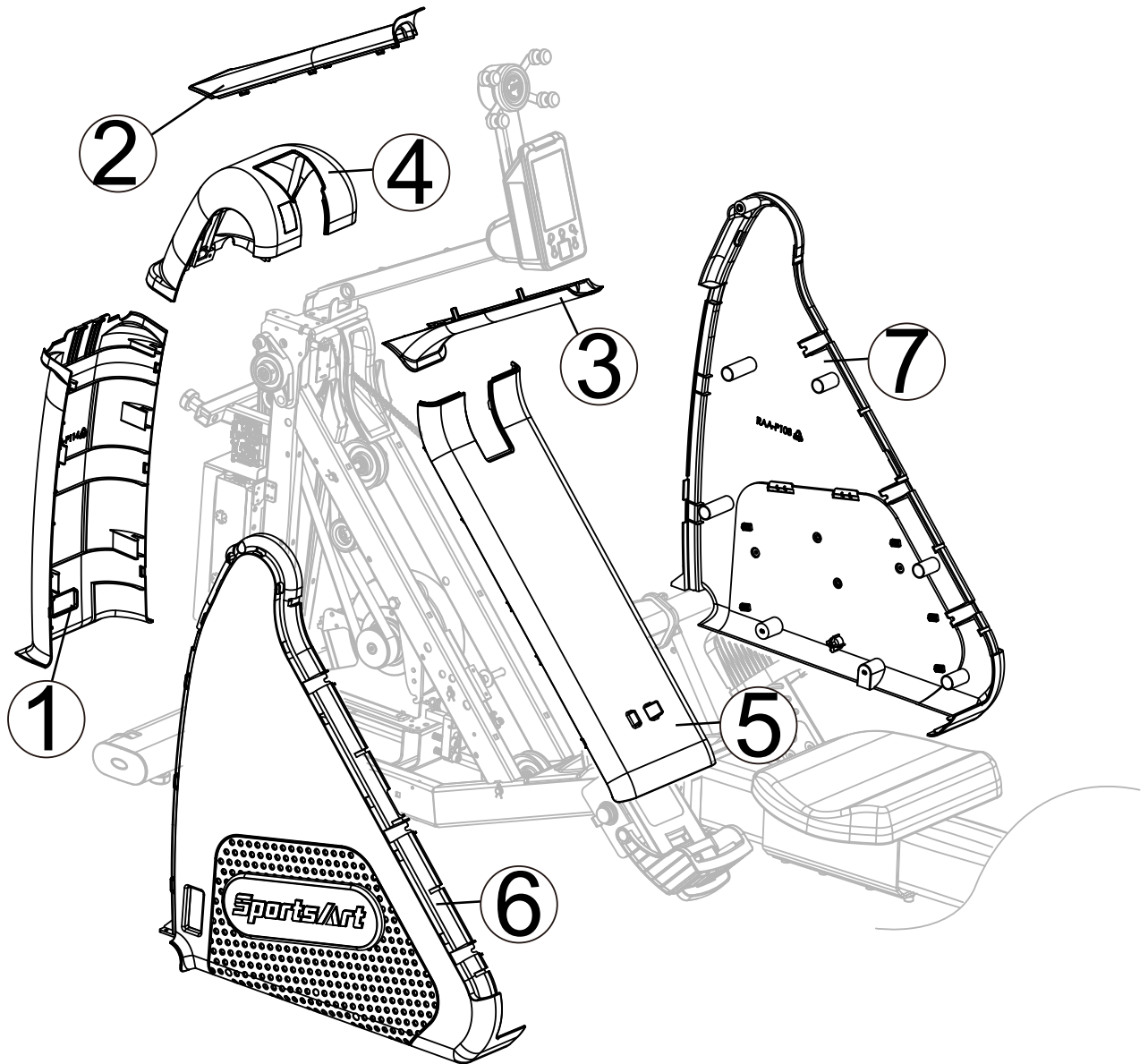
* Remove the cap(b) before replacing the lithium battery

Reference brand	Model	Output Voltage	Battery Capacity	Dimensions(mm)		
				Diameter	Height	Shape
muRata	CR2477X	3V	1000mAh	24.5	7.7	Button Type



APPENDIXES Product Disassembly

Follow sequence of index numbers 1 through 4 assigned to the figure below to disassemble the product and be sure to remove all the retaining screws before performing disassembly.



Your Authorized Distributor